



INTERNATIONAL LUGE FEDERATION ATHLETE CODE OF CONDUCT

For luge athletes participating in training programs under the auspices of the International Luge Federation.

The following FIL rules have been established to help each of us bring honor and integrity to our sport. Working together not only promotes individual growth, but also creates a spirit of team unity. The purpose of each rule is to have it serve as a guideline to develop your maximum potential. If you have questions concerning any of these rules, you should contact the FIL Development Manager or coaches for a further explanation. Your participation as part of FIL Group 1 or 2 is a commitment to the acceptance of these rules, and any violation will result in disciplinary action.

General Information and Instructions

Any athlete participating in a program conducted under the auspices of the FIL, must abide by these guidelines. By signing this document you will be acknowledging that you have read it, understood it, and are willing to abide by its' contents. Persons present while any violation of the Code of Conduct occurs must leave the area immediately or be considered a participant by choice. Any person observing or having knowledge of an activity, which may discredit the FIL, harm a participant, or disrupt the program must approach the offending individual(s) and inform him, her or them of their unacceptable behavior. If this misbehavior continues, the observer is expected to report it immediately to a staff member. The FIL will ensure that the observer is not exposed to any repercussions.

RULES OF CONDUCT

- A. All athletes will maintain an atmosphere of mutual respect toward each other and those they may come in contact with during the execution of their luge activities.
- B. Athletes should, at all times, show the utmost respect for all coaches and officials and obey any and all instructions given by those in authority. If there is a conflict in instructions, the final decision will be made by the highest ranking staff member present and all parties will abide by the decision without further comment.
- C. Unacceptable behavior may result in disciplinary action and will include, but not be limited to:
 1. Any act considered to be an offense under laws. Local laws include any foreign nation that may be visited during an FIL program.
 2. Gross misconduct (i.e., harassment, inappropriate horseplay, stealing, graffiti, etc.), any misconduct not considered to be acceptable by society's standards, or an act of improper decorum.
 3. Unsportsmanlike conduct, including abusive language in public places, including any

social networking venues (i.e. facebook, twitter), temper tantrums, or any such unbecoming attitudes. We are proud of our sport and should set good examples at all times.

- D. All participants involved in an FIL program will honor not only the rules and regulations of the FIL, but also those rules and regulations of any venue or equipment (i.e. luge facilities, physical training centers, meeting facilities, hotels, rental vans/cars, etc.).
- E. Any loss of property or intentional or unintentional physical damage to the property of any venue that occurs as a result of a violation of section C. or D. above will be paid for by the individual(s) involved. In the event an individual cannot be specifically identified, the FIL is permitted to spread out the damage costs over other individuals with a connection to the offense (e.g. a hotel room of occupants can be equally charged for damage that may have been caused by only one person but is not provable as such).
- F. I understand and agree that the FIL Anti-Doping Rules and all other policies and rules adopted by the FIL apply to me and that it is my responsibility to comply with those rules. I understand that the use of methods or substances prohibited by the applicable anti-doping rules would make me subject to penalties including, but not limited to, disqualification and suspension.
- G. It is the duty of individual members of the FIL to comply with anti-doping rules of the World Anti-Doping Agency (WADA), and all other policies and rules adopted by WADA and the FIL. Should any participant have an illness or medical condition that requires him/her to take a particular medication that is on the WADA list of Prohibited Substances and Prohibited Methods, he/she will apply for approval from the relevant anti-doping organization for the therapeutic use of a prohibited substance by filling out a Therapeutic Use Exemption (TUE) form.
- H. No one may possess or use any illegal substances, including recreational drugs. Alcohol abuse will not be tolerated and consumption of alcohol will be governed by local laws in regards to age restrictions. All athlete members of FIL Group 1 and 2 are not permitted to use tobacco of any kind while taking part in an FIL program, whether during or apart from actual training.
- I. Harassment, based on sex, age, race, color, religion, national origin, orientation or physical condition is prohibited.
- J. All athletes are required to report all injuries and/or concussion symptoms, and any related injury or medical history, to any medical professional administering an annual physical to them or providing medical attention to them as a result of injury or illness, as well as to their coach and the FIL, in a timely and accurate manner.

DISCIPLINARY ACTION

Violations of the Code of Conduct may result in, but not be limited to:

1. Disbarment from a day's schedule of activities. This action towards a participant not practicing on a given day shall be limited to one occurrence. The second violation will be considered of a more serious nature, and the penalty will be more severe.
2. Athletes may have their movements restricted for a given period of time and confined to a specific location (e.g. confined to the hotel for a period of time).
3. Community service assigned by the FIL.
4. Full payment for any damage occurring to equipment, facilities etc. for which an individual is responsible.
5. Temporary suspension from the program. If the suspension involves a request for an athlete to return home, then the athlete will be responsible for the full cost of returning home, if applicable. The athlete may not return to the program after the suspension until all outstanding financial debts have been settled.
6. Loss of opportunity to participate in future programs conducted under the auspices of the FIL.
7. Permanent expulsion from all FIL programs and sent home at his or her own expense. The disciplinary figure on any FIL program is one or all of the coaching staff. Any infraction of the "Rules of Conduct" for points A through E will see immediate disciplinary action enforced by the coaching staff. A serious infraction of points A through E may also result in further possible disciplinary action decided upon by a committee of three. The committee of three will also decide the disciplinary action for any infraction of points F through I in the "Rules of Conduct."

ACKNOWLEDGMENT

I agree to abide by the provisions and requirements of this Code of Conduct, and understand the possible consequences if its provisions and requirements are violated. I also agree to be responsible for all costs for damage for which I am deemed responsible.

Signature of Participant _____ Date _____

Printed Name _____

PARENTAL CONSENT FOR DISCIPLINE AND AGREEMENT TO PAY DAMAGES

PARTICIPANTS UNDER 18 YEARS OF AGE AT THE TIME THIS FORM IS SIGNED MUST HAVE THIS PORTION COMPLETED BY THEIR PARENTS OR LEGAL GUARDIANS.

This is to certify that I, _____, as parent (guardian) of,

_____, do hereby give consent to the FIL and its' staff to discipline the individual who has acknowledged this copy of the Code of Conduct while a participant in a program during which this Code of Conduct is applicable. I also agree to be responsible for all costs for damage for which said individual, acknowledging this copy of the Code of Conduct, is deemed responsible.

Signature of Parent or Guardian _____ Date _____