



FIL Group 1 Guidelines

1. All athletes participating as part of FIL Group 1 must read, understand and sign the FIL Athlete Code of Conduct prior to participating in any FIL program.
2. A minimum of 4 weeks notice is required if an athlete plans to attend any WC, JWC or ITW as part of the FIL Group. Any changes, late notifications or hotel cancellations that incur a financial penalty will be the responsibility of the athlete/NF. Athletes cannot be accepted to the FIL group with less than 4 weeks notice.
3. No one older than 23 years old will be accepted to participate with Group 1.
4. Athletes participating with FIL Groups 1 must attend a minimum of 2 weeks training prior to participating in their first race of the season.
5. When online registration is required for participation in a WC/ITW, the NF will be responsible for registering their athletes prior to the stated deadline.
6. If an athlete participates in an FIL "A" category training week (in which the FIL pays for all expenses), that athlete must also participate in the WC/JWC scheduled at that track in the same season.
7. In a category "A" week, the FIL staff will pay for housing and track fees for all athletes. In a category "B" week, FIL staff will pay accommodation costs for all athletes. In all "C" and "D" category weeks, athletes should be prepared to pay their own expenses at that time.
8. A maximum of 3 athletes per nation are allowed in an FIL "A" category training week (in which the FIL pays for all expenses).
9. A maximum of 3 athletes per NF are allowed in Groups 1, however if space permits, more than 3 athletes per nation may attend at their own expense. The number of accepted athletes will be determined on a case by case basis.
10. At a WC or ITW where athletes will be paying for their own accommodations and/or track fees, athletes/coaches from an NF must be prepared to supply a form of payment for these expenses at the time the cost is incurred.
11. Transportation via the FIL bus to each weekly destination must be arranged in advance to assure there is space for all athletes.
12. Each NF will be responsible for arranging transportation from their home to the first training destination of the season and to each successive weekly destination when space is not available on the FIL bus.

13. When travel by air is required and the athlete is booking their own flight, the athlete must plan on arriving at the destination airport no more than two hours after the arrival time of the coaches. The coaches flight itineraries will be provided in advance.
14. FIL sleds and equipment are available for use only to FIL Group athletes or those in a Patenschaft arrangement with another NF.
15. Athletes may not participate in FIL Group 1 and also be in a Patenschaft with another NF at the same time.