



NORDIC CUP





NORDIC CUP

Lillehammer, Norway

10-13 mars /10-13 March

<u>Sanctioning body/ Ansvarlig for jury:</u>	Norwegian Luge, Bobsleigh and Skeleton Federation (NABSF)	
<u>Organizer/Arrangør:</u>	Norwegian Luge, Bobsleigh and Skeleton Federation (NABSF) / Swedish Skating Sliding and Rolling Sports Federation (SweSliding)	
<u>Local Organizer/Lokal arrangør:</u>	Lillehammer Akeklubb	
<u>Jury President/Jurypresident:</u>	Harald Rolfsen	NOR
<u>Jury members/Jurymedlem:</u>	Ann Kohala	SWE
<u>Technical Director Luge/ Teknisk delegert aking:</u>	Jahn Erling Mostue	NOR
<u>Technical Director Skeleton & Bobsleigh/ Teknisk delegert bob og skeleton:</u>	Per Klaastad	NOR
<u>President of OC/ Leder arrangør:</u>	Åshild Høva Sporsheim	NOR
<u>Race Director Luge/ Rennleder aking</u>	Anahita Panjawani	NOR
<u>Racedirector Skeleton & Bobsleigh/ Rennleder skeleton og bob:</u>	Simen Kjetlien Brennhau	NOR
<u>Chief of Track/Baneleder:</u>	Stian Sønsteli	NOR
<u>Corona protocoll/Smittevernsansvarlig:</u>	Åshild Høva Sporsheim	NOR

Race track /Bane:

Lillehammer Olympic Bobsleigh and Luge track/ Lillehammer Olympiske bob- og akebane

Registration/Påmelding:

Online registration for competition here: <https://anmalmig.nu/anmalan/122c91f6-7ec0-4df5-9208-6f3348837e47/>
You register only your sport, not your starting point. The starting point will be decided latest at Saturday.

Påmelding gjøres via denne linken: <https://anmalmig.nu/anmalan/122c91f6-7ec0-4df5-9208-6f3348837e47/>
Du melder deg kun på gren, ikke starthøyde. Starthøyde vil bli bestemt senest lørdag.



**Closing date/ Påmeldingsfrist:**

Entry deadline Friday 1th of March at 23.59 o'clock. / Påmeldingsfrist fredag 1.mars kl 23.59

Entry Fees/ Påmeldingsavgift

Zero run/ Nulløp	€25/NOK 250/SEK 250
Luge/aking, skeleton/skeleton	€25/NOK 250/SEK 250
Monobob/Parabob	€25/NOK 250/SEK 250
2- Bobsleigh/ 2-er bob	€50/NOK 500/SEK 500
4-men bobsleigh/4-er bob	€100/NOK 1000/SEK 1000

Traningefee:

Trainingsfee Thursday and Friday, invoice will be sent out by the organizer after the Nordic Cup/
Treningsavgift torsdag og fredag, faktura blir sendt i etterkant av Nordisk Cup

Luge/aking:	€8/NOK 80/SEK 80
Skeleton/skeleton	€8/NOK 80/SEK 80
Bobsleigh/bob	€11,5/NOK 115/SEK 115

Payment with card (VISA/MASTERCARD), IBAN or invoice when register/ betaling av påmeldingsavgift skjer ved kort eller IBAN/faktura

If the online entry deadline is missed, race entry fees will be increased by 100%.

Ved etteranmelding er det 2* påmeldingsavgift.

Classes / Klasser

BOBSLEIGH/BOB			LUGE/AKING			SKELETON/SKELETON		
Classes/Klasser	Start/Start	Run/konkurranse	Classes/Klasser	Start/Start	Run/konkurranse	Classes/Klasser	Start/Start	Run/konkurranse
Beginners monobob/ Nybegynnere monobob	Juniorstart	2 åk	Zero run/ Nulløp Mix	Curv 7/10/13/ Kurve 7/10/13	Zero run/ Nulløp	Junior and younger / Juniorer og yngre Mix	Juniorstart/ juniorstart	2 åk
Parabob Woman & Men / Parabob damer og herrer	Bobstart	2 åk	Junior men and woman/ junior damer og herrer	Juniorstart/ juniorstart	2 åk	Woman/ Damer	Bobstart/ bobstart	2 åk
Monobob women & men /Monobob damer og herrer	Bobstart	2 åk	Woman/ Damer	Womanstart/ Damestart	2 åk	Men/ Herrer	Bobstart /bobstart	2 åk
2-men bob woman/ 2-er bob damer	Juniorstart	2 åk	Men/ Herrer	Woman start/ Damestart	2 åk			
2-men bob men/ 2-er bob herrer	Juniorstart	2 åk						
2-men bob woman/ 2-er bob damer	Bobstart	2 åk						
2-men bob men/ 2-er bob herrer	Bobstart	2 åk						
4-men bob/ 4-er bob herrer	Bobstart	2 åk						





Zero difference run/ Nulløp: Resultlist: 11 years and older (if you become 11 years in 2022): Rated based on the lowest difference in time on 2 trips. Two runs and the athlete with the smallest gap between run 1 and run 2 win. Younger than 11 years old: no resultlist.

Resultater for 11 år og eldre (hvis du fyller 11 år i 2022): Rangeres ut fra minst differanse i tid på omgang 1 og omgang 2. Den med minst differanse mellom omgang 1 og 2 vinner. Yngre enn 11 år vil ikke bli rangert.

Licenses/ Lisens:

It is the responsibility of each club to ensure that all of its athletes have a valid license to compete issued by its national federation or club / Hver klubb er ansvarlig for at sine utøvere er forsikret.

Insurance/ Forsikring:

It is the responsibility of each club to ensure that all of its athletes have valid medical insurance. The Organizer cannot be held liable for any accident or damage that may occur during the event/ Hver klubb har ansvar for at sine utøvere er forsikret. Arrangør kan ikke bli holdt ansvarlig for ulykke eller skade som kan oppstå ifm arrangementet.

Prize Giving ceremony/ premieutdeling:

Prize Giving ceremony after the competition. Everyone who is competing in the Zero race gets a prize, The other classes will top 3 get a prize.

Alle som deltar i nulløp blir premiert. Topp tre får premie i de øvrige klassene.

First aid/ Sanitet:

Information will come later/Informasjon vil komme senere

Regulations / Reglement:

International Rules of the FIL – IRO with adjustments for Nordic Cup / Konkurransereglement iht IRO med tilpasninger til Nordisk Cup.

International Rules of the IBSF for Skeleton and Bobsleigh with adjustments for Nordic Cup/ Konkurransereglement iht IBSF med tilpasninger til Nordisk Cup.

Covid 19

The organizer adheres to current covid-19 guideline for implementation of sport events / Arrangør følger gjeldende covid-19 retningslinjer for gjennomføring av arrangementet.

The organizer ask all athletes, coaches and official know the Covid-19 regulations for the event and follow it / Arrangør ber alle utøvere, trenere, støtteapparat om å sette seg inn i smittevernplanen for arrangementet og følge det.

All athletes, coaches and official must also know and relate to current travel restrictions that apply in their respective countries and regions. Arrangør forholder seg til FHI, Helsedirektoratet og NABSF sine retningslinjer for gjennomføring av idrettsarrangement.





CONTACT INFORMATION:

Organization office / Rennkotor

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E-mail: post@jotorenhold.no

Chief of Track/ Banesjef:

Stian Sønsteli
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Preliminary Schedule/ Foreløpig tidsplan

Thursday/Torsdag
10 mars

8.00-8.45	Track Walk
9.00-12.00	Training Luge/ Trening aking
16.00-19.00	Training Bob/Skeleton/ Trening bob og skeleton

Friday/ Fredag
11 mars

8.00-8.45	Track Walk
9.00-12.00	Training Luge/ Trening aking
16.00-19.00	Training Bob/Skeleton/ Trening bob og skeleton

Saturday/ Lørdag
12 mars

7.00-7.45	Track Walk
8.00-11.00	Training Luge/ Trening aking
16.00-19.00	Training Bob/Skeleton/ Trening bob og skeleton

Sunday/ Søndag
13 mars

9.00	First start. Competition program will be sent out after the entry deadline./ Første start. Konkurransprogram vil bli sendt ut etter påmeldingsfristen.
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Subject to change /





Accommodations/ overnatting

Proposal for accommodation/ forslag til overnatting

HAFJELL HOTELL, Hotel

3 km from the track

E-mail: post@hafjellhotel.com

Telephone number: +47 61 28 55 50



NERMO HOTEL, apartments/ Hotel

3 km from the track

E-mail: booking@nermohotell.no

Telephone number: +47 612 75 580



HUNDERFOSSEN HOTEL & RESORT, Hotel/cabins/apartments

walking distance from the track

E-mail: hotell@hunderfossen.no

Telephone number: +47 612 74 000



HAFJELL BOOKING, Apartments/cabins

4 km from the track

E-mail: booking@hafjell.no

Telephone number + 47 612 49 000

