



**JUNIOREN-WELTCUP IM RENNRODELN 1 & 2**  
**La Plagne, Savoyen, Frankreich**  
**Vom 3. bis 7. Dezember**

**JUNIOR LUGE WORLD CUP 1 & 2**  
**La Plagne, Savoie, France**  
**From the 3<sup>rd</sup> to the 7<sup>th</sup> of December**

Veranstalter/ Sanctioning body:	Internationaler Rodelverband (FIL) <i>International Luge Federation (FIL)</i>
Ausrichter/ Organizer:	<i>Association Bob Luge - La Plagne (FRA)</i>
Durchführung/ Local Organizer:	<i>Association Bob Luge – Piste Olympique de La Plagne (FRA)</i>
Jury Vorsitzender/ Jury Chair:	<i>Hans Jürgen KÖHNE/GER</i>
Mitglieder der Jury/ Jury members:	<i>Members will be appointed at the team Captain's Meeting</i>
Technischer Delegierte/ Technical Delegates:	<i>Maria JASENCAKOVA</i>
OK-Präsident/ President of OC:	<i>Michel GOSTOLI/FRA</i>
Gesamtleiter/ Event manager:	<i>Amandine GROS/FRA</i>
Rennleiter/ Race Director:	<i>Rolf HOPMANN/GER (TBC)</i>
Bahnleiter/ Chief of Track:	<i>Bruno THOMAS/FRA</i>
Pressechef/ Chief of Press:	<i>Séverine GONTHIER/FRA</i>
Rennarzt/ Race doctor:	<i>AMS – Name TBC (From 3.12 to 7.12)</i>
Medizinischer Dienst/ Medical service:	<i>AMS - TBC (From 3.12 to 7.12)</i>
Nennungen:	Online über die FIL-Website <a href="http://www.fil-luge.org">www.fil-luge.org</a> Startseite: „Mitglieder-Sektion / Login Anmeldung zu den Wettbewerben“) oder direkt unter <a href="https://fil.dokume.net/#/login">https://fil.dokume.net/#/login</a>
Registration:	Online through the FIL website <a href="http://www.fil-luge.org">www.fil-luge.org</a> (welcome page: „members section /login: registration for competitions“) or directly under <a href="https://fil.dokume.net/#/login">https://fil.dokume.net/#/login</a>



Meldeschluss/ Closing date:	Entsprechend der im Online-Registrierungssystem genannten Fristen <i>According to the time limits given in the online registration tool</i>
Nenngeld/ Entry fees:	€ 20,- pro Einsitzer € 30,- pro Doppelsitzer € 40,- pro Mixed Team € 50,- pro Team-Staffel/Team-Junioren Erfolgt keine oder inkorrekte Meldung über das Online-Registrierungssystem, wird ein erhöhtes Nenngeld von € 50,- im Einsitzer und Doppelsitzer erhoben. Für jeden gemeldeten Athleten wird Nenngeld entrichtet  € 20,- per single € 30,- per doubles € 40,- per Mixed Team € 50,- per Team Relay/Juniors team <i>In case of missing or incorrect online registration an increased entry fee of € 50.- per single and doubles will be charged. Registration fee has to be paid for every registered athlete.</i>
Bahn Abfahrtspreis/ Track run fee:	€ 35,- pro Lauf ( <i>alle starthöhen</i> )  € 35,- per run (all start heights)
Versicherungsschutz/ Insurance:	Alle Athleten müssen eine gültige Kranken / Unfallversicherung abgeschlossen haben. Der Veranstalter und das Organisationsbüro übernehmen keine Haftung. <i>All athletes must have a medical / accident insurance. The sanctioning body and the organizer will not accept uninsured athletes.</i>
Reglement/ Regulations:	IRO, Ausgabe 2024 <i>IRO, edition 2024</i>
Rennstrecke/ Race track:	<b><i>Piste Olympique de la Plagne (FRA)</i></b>
Starthöhen/ Start heights:	

Juniors Men's singles	Women's start
Juniors Women's singles	Women's start
Juniors Men's doubles	Women's start
Juniors Women's doubles	Women's start bottom
Juniors Team Competition	Women's start bottom

Alle Siegerehrungen finden unmittelbar nach den Wettkämpfen am 7. Dezember statt - Medaillen (1-3) für Junioren Männer & Frauen, Junioren Männerdoppel & Junioren Frauendoppel und Junioren Mannschaftswettbewerb.  
*The track transportation time frame from bobsleigh start to the individual start heights: Women's lower start heights is 30 minutes prior to each training session and competition days. Track preparation time frame is 30 minutes.*



- Sicherheitsvorkehrungen: Vor dem Betreten der Bahn muss jeder Athlet die 2 dieser Einladung beigefügten Dokumente ausfüllen und der Organisation übergeben:
1. Pflichten des Nutzers
  2. Ablauf des Sicherheitsstarts
- Disclaimer & Safety start* *Before coming to the track, it's mandatory for each athlete to fill in the 2 documents included with this invitation and to give them to the Organization:*
1. *Responsibilities of the user and waiver*
  2. *Procedure of the safety start*
- Preise/ Nach jedem Wettkampftag (am 5., 6. und 7. Dezember) findet am Bobstart neben der Olympischen Flamme eine Zeremonie statt.
- Prizes: *A ceremony will take place after each competition day (on the 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> December) at the Bobsleigh start, next to the Olympic Flame.*

Anschriften mit Telefonnummern (Mail, Mobil) /  
Adresses with phone numbers (e-mail, mobile):

- Gesamtleiter/  
Organisationsbüro  
Event manager/  
Organization office

**Amandine GROS**  
**ASSOCIATION BOB LUGE**  
Tour de chronométrage – Piste Olympique de Bobsleigh  
F-73210 LA PLAGNE TARENTAISE  
Tel.: +33 (0) 608 908 064  
Mail: [administratif@bobsleigh.net](mailto:administratif@bobsleigh.net)

Opening days & hours

**Billing Office** (Location: Timing tower – 2<sup>nd</sup>e floor):  
**For the ITW**: from the Monday 25<sup>th</sup> to the Saturday 30<sup>th</sup> of November from 10.00 am to 18.00 pm  
**For the Official trainings & Entry fees**: From the Monday 2<sup>nd</sup> to the Friday 6<sup>th</sup> of December 10.00 to 6.00 pm

- Bahnchef/  
Chief of Track

**Bruno Thomas**  
**ASSOCIATION BOB LUGE**  
Tour de chronométrage – Piste Olympique de Bobsleigh  
F-73210 LA PLAGNE TARENTAIRE  
Tel.: +33 (0) 785 889 146  
Mail: [direction@bobsleigh.net](mailto:direction@bobsleigh.net)

- Pressechef/  
Chief of Press

**Séverine GONTHIER**  
**OFFICE DE TOURISME DE LA GRANDE PLAGNE**  
1355 route d'Aime – Les Provagnes  
Tel.: +33(0)674 234 108  
Mail: [press@la-plagne.com](mailto:press@la-plagne.com)

Vorläufiger Zeitplan / Preliminary schedule:

- Anreisetag/  
Day of arrival: 02.12.2024
- Beginnzeiten der Trainingstage/  
Beginning during the training days: 03 & 04.12.2024 from 8:45
- Mannschaftsführersitzung/  
Team Captains' Meeting: 02.12.2024 at 14:00 (Men's Luge start – Panoramic room)
- Wettkampftage/  
Competition days: 05., 06. & 07.12.2024

Besonderheiten / Special features:

- Veranstaltungen für Athleten, Teilnehmer/  
Arrangements for athletes and participants:

**ACCOMMODATION**

Expense and reservations for accommodation and transportation are the responsibility of each team/federation. Athletes are responsible for transport to event, including transfers from arrival location (airport/train) to hotel and back to departure location.

To help you to organize your stay, you will find hereafter a list of the accommodation opened on the period:

Accommodation	Website	Contact
Hotel Les Rhododendrons (Plagne 1800)	<a href="https://www.hotel-laplagne.com/en/">https://www.hotel-laplagne.com/en/</a>	<a href="mailto:info@hotel-laplagne.com">info@hotel-laplagne.com</a>
Hotel HO36 (Plagne Centre)	<a href="https://ho36-plagne.com/">https://ho36-plagne.com/</a>	<a href="mailto:chloe@ho36.com">chloe@ho36.com</a>
Hotel La Tourmaline (in the valley)	<a href="https://hotel-tourmaline.com/">https://hotel-tourmaline.com/</a>	<a href="mailto:hoteltourmaline@wanadoo.fr">hoteltourmaline@wanadoo.fr</a>
Hotel L'Alpin (in the valley)	<a href="https://www.hotel-lalpin.com/fr/">https://www.hotel-lalpin.com/fr/</a>	<a href="mailto:contact@hotel-lalpin.com">contact@hotel-lalpin.com</a>
« Les Chalets Rocharme » (La Roche)	List enclosed at the end of the document	
« Le Soleil des Montagne » (La Roche)	<a href="http://www.gite-de-montagne.com">http://www.gite-de-montagne.com</a> – <a href="mailto:soleildesmontagne@orange.fr">soleildesmontagne@orange.fr</a>	
Hotel Le Carlina (Belle Plagne)	<a href="https://etincelles.com/hotel/hotel-carlina/">https://etincelles.com/hotel/hotel-carlina/</a>	
Restaurant Le Loup Blanc (Plagne 1800)	<a href="https://restaurant-le-loup-blanc.eatbu.com/">https://restaurant-le-loup-blanc.eatbu.com/</a>	

**SPORTS FACILITIES**

**The sports centre ("Salle Omnisports") is situated in Plagne Centre:**

- Gymnasium                      - Fitness room                      - Weights room
- **Opening Hours:**
- Monday: from 17:00 to 19:00                      - Tuesday to Thursday: from 09:00 to 12:00

Depending on the requests received, the sports centre is likely to extend its opening days and times but please, send your request before November the 13<sup>th</sup>.

The booking is compulsory at the following email address: [gestion-salles@laplagnetarentaise.fr](mailto:gestion-salles@laplagnetarentaise.fr)  
(+33 (0)9.61.60.62.89)

## Les Chalets Rocharme – La Plagne

Association Loi 1901, enregistrée à la Sous-Préfecture d'Albertville le  
13/08/1996, sous le n° 4654 (J.O. du 28/08/96) Siret 431042167 00012



## Rocharme VB

Uitbrek – Kamer van Koophandel Rijnland  
Datum vestiging : 01/01/2002 Leiden - Dossier nummer : 28103347

L'Association qui regroupe des propriétaires de 3 hameaux proches des stations d'altitude de La Plagne, afin d'apporter un meilleur service aux vacanciers séjournant dans leurs chalets :  
«Les Charmettes» - «La Roche» - «Plan-Gagnant»

### LISTE ET DESCRIPTIF DES CHALETs ROCHARME-LA PLAGNE LIST AND DESCRIPTION OF CHALETs ROCHARME-LA PLAGNE

Situation Location	Nom-Propriétaire-Confort Name, Owner, Comfort	Capacité Capacity Chambres Bedrooms	Site internet-Contact-Tél. Website, Contact, Tel.	Equipements Equipment
La Roche (alt.1550m)	« Les Jacobines » ★★★ Janette & Marcel CHEVALLAY	15/17 personnes 9 chambres (290m <sup>2</sup> )	<a href="http://www.chalet-laplagne.net">www.chalet-laplagne.net</a> <a href="mailto:chaletjacobines@gmail.com">chaletjacobines@gmail.com</a> (33) 0613870588 - 0479090773	Wifi Sauna-Balnéo Garage
	« Les Crocus » ★★★ Jérôme GANDIOL	15/18 personnes 9 chambres (280m <sup>2</sup> )	<a href="http://www.location-chalet-laplagne.fr">www.location-chalet-laplagne.fr</a> <a href="mailto:chaletlescrocus@gmail.com">chaletlescrocus@gmail.com</a> (33) 06 76 04 55 72	Wifi Sauna
	« La Cordée » ★★★ J. Louis & Carine CLEAZ-SAVOYEN	11 personnes 5 chambres	<a href="http://www.chaletplagne.com">www.chaletplagne.com</a> <a href="mailto:location@chaletplagne.com">location@chaletplagne.com</a> (33) 06 16 17 51 52	Wifi Sauna
	« Floryanne » ★★ Pierre CUOQ, Katrin VAN LOOY	8/9 personnes 4 chambres	<a href="mailto:chalet.floryanne@free.fr">chalet.floryanne@free.fr</a> (33) 06 65 70 78 04	Wifi
	« Soleil des Montagne » ★ Serge MONTAGNE	15 personnes 5 chambres	<a href="mailto:soleildesmontagne@orange.fr">soleildesmontagne@orange.fr</a> (33) 06 75 79 22 72	Wifi
Plangagnant (Alt.1650m)  A 1 km de La Roche	« Fleurs des Neiges » ★★★ Françoise & Michel SCHAEFFER <i>Appart. Edelweiss : 14 personnes (180m<sup>2</sup>) 7 chambres</i> <i>Appart. Flocons : 8 personnes (80m<sup>2</sup>) 4 chambres</i> <i>Appart. Centaurées : 6/8 personnes (105m<sup>2</sup>) 3 chambres</i>	28 personnes 14 chambres	<a href="http://www.chaletfleursdesneiges.com">www.chaletfleursdesneiges.com</a> <a href="mailto:chalet-fleursdesneiges@orange.fr">chalet-fleursdesneiges@orange.fr</a> <a href="mailto:chaletfleursdesneiges73@gmail.com">chaletfleursdesneiges73@gmail.com</a> (33) 06 79 86 68 67	Wifi Sauna Garage
	« Savoyard » ★★★★★ Aline BARIDON, Johan HAPLIK	14 personnes 5 chambres	<a href="http://www.lechaletsavoyard.com">www.lechaletsavoyard.com</a> <a href="mailto:contact@lechaletsavoyard.com">contact@lechaletsavoyard.com</a> (33) 06 82 68 68 34	Wifi SmartTV
	« Stephe » ★★★★★ Stéphane & Sophie BROCHE	12 personnes 6 chambres (180 m <sup>2</sup> )	<a href="https://chalet-stephe.com">https://chalet-stephe.com</a> <a href="mailto:steph.de.macot@gmail.com">steph.de.macot@gmail.com</a> (33) 0613200939 – 0684647997	Wifi
	« Félix » ★★★ Gilbert ASTIER	10 personnes 4 chambres (180 m <sup>2</sup> )	<a href="mailto:astier@wanadoo.fr">astier@wanadoo.fr</a> (33) 06 71 50 87 45	Wifi
Les Charmettes (Alt.1350m)  A 2 km de La Roche	« La Charmette » ★★ <i>Gîte et Auberge</i> Charlotte & Rémi DEQUIDT	23 personnes 9 chambres (350 m <sup>2</sup> )	<a href="http://www.lacharmette-laplagne.com">www.lacharmette-laplagne.com</a> <a href="mailto:lacharmette.laplagne@gmail.com">lacharmette.laplagne@gmail.com</a> (33) 06 10 54 09 02	Wifi Sauna-Spa
	« Tresalaise » ★★ Elisabeth & Nick VAN BEMMEL <i>Appart. 10 personnes, 5 chambres</i> <i>Appart. 4 personnes, 2 chambres</i>	14 personnes 7 chambres (150 m <sup>2</sup> )	<a href="mailto:info@rocharmelaplagne.com">info@rocharmelaplagne.com</a> <a href="mailto:nvanbemmel@ziggo.nl">nvanbemmel@ziggo.nl</a> 0031 618653376 - (33)0682365367	Wifi Piscine (été)



## TEMPORARY SCHEDULE

### **INTERNATIONAL TRAINING WEEK**

The International Training Week is scheduled from Tuesday, November the 26<sup>th</sup> till Sunday, December the 1<sup>st</sup>, 2024.

Group A: 8:45 > 10:30

Group C: 13:45 > 15:30

Group B: 10:45 > 12:30

Group D: 15:45 > 17:30

### **JUNIOR WORLD CUP: TRAINING & COMPETITION SCHEDULE**

#### **Monday, 2<sup>nd</sup> December**

Team Captain's Meeting: 14:00 at the Men's Luge start (Panoramic room)

online/remotely

17:30 >>> Track walk

La Plagne Olympic Track

#### **Tuesday, 3<sup>rd</sup> December – Official Training**

Group A: 8:45 > 10:30

Group C: 13:45 > 15:30

La Plagne Olympic Track

Group B: 10:45 > 12:30

Group D: 15:45 > 17:30

La Plagne Olympic Track

#### **Wednesday, 4<sup>th</sup> December - Official Training**

Group A: 8:45 > 10:30

Group C: 13:45 > 15:30

La Plagne Olympic Track

Group B: 10:45 > 12:30

Group D: 15:45 > 17:30

La Plagne Olympic Track

Team Captain's Meeting: 18:00 at the Men's Luge start (Panoramic room)

#### **Thursday, 5<sup>th</sup> December – Competition Day**

Juniors Men's Singles

09:30 > 13:00

La Plagne Olympic Track

Juniors Women Singles

09:30 > 13:00

La Plagne Olympic Track

Juniors Men's Doubles & Juniors Women's Doubles

14:45 > 16:30

La Plagne Olympic Track

#### **Friday, 6<sup>th</sup> December – Competition Day**

Juniors Women's Singles

09:30 > 12:00

La Plagne Olympic Track

Juniors Men's Doubles & Juniors Women's Doubles

14:45 > 16:30

La Plagne Olympic Track

#### **Saturday, 7<sup>th</sup> December – Competition Day**

Juniors Men's Singles

09:30 > 12:00

La Plagne Olympic Track

Juniors Team Competition

13:30 > 14:15

La Plagne Olympic Track

**Subject to change!**

### **PAID TRAINING ON NOVEMBER THE 8<sup>TH</sup>**

A paid training session will be held the day after the JWC from 14:30 to 18:00 for nations wishing to stay and take advantage of the La Plagne Olympic Track World Cup configuration.

Contact: [administratif@bobsleigh.net](mailto:administratif@bobsleigh.net) & [tourdechrono@bobsleigh.net](mailto:tourdechrono@bobsleigh.net)

#### **Sunday, 8<sup>th</sup> December – Paid Training**

Paid training: 14:30 > 18:00

La Plagne Olympic Track

#### **CONTACT INFORMATION**

Any question can be submitted to: Amandine Gros – Event coordinator

Email: [administratif@bobsleigh.net](mailto:administratif@bobsleigh.net) - Tel: +33 (0)6.08.90.80.64

If you need general information on La Plagne: please contact directly the Tourist Information >>> [info@la-plagne.com](mailto:info@la-plagne.com) - +33 (0)4.79.09.02.01

