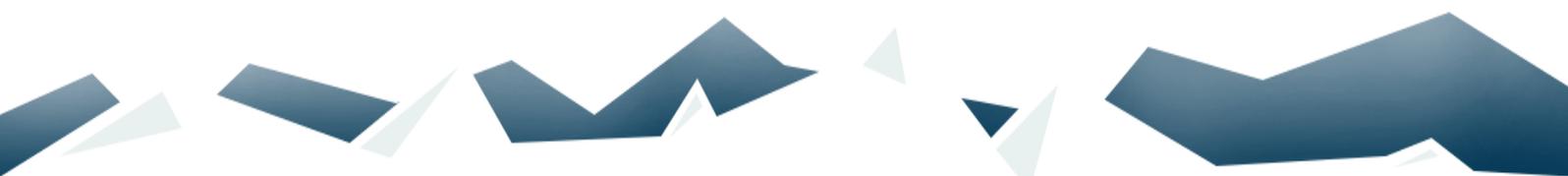


Status: December 1, 2020

FIL

**Protection and hygiene concept for
World Cup events**

2020–2021 season



Contents

- 1. Preface / Description of the current situation**
- 2. General information**
 - Basic rules for competition venues
 - Event organizer's hygiene manager
- 3. Recommendations for the organizational structure of teams / national federations**
 - Measures for breaking chains of infection transmission
 - Conduct in training and competition operations
 - Hygiene manager
 - Conduct outside of training and competition (outside of team travel time / at home)
 - National hygiene concept
 - Travel to training and competition venues
 - Long-distance trips
 - Travel by car
 - Housing of teams
 - Constraints for hotel infrastructure
 - Mandatory rules
 - Athletic training
 - Physical therapy
 - Sports medicine
- 4. Determining who is authorized to compete (health checks)**
 - National health check
 - International health check
 - Result management
 - Test quality
- 5. Planning for personnel needs**
 - Fundamentals of personnel requirements planning
 - Table for calculating maximum number of persons
 - Example of zone distribution at a sports venue
- 6. Rules for admittance to the sports venue**
- 7. Infrastructure organization for catering**
 - Team captains' meetings
 - Meetings of the Organizing Committee (OC)
 - Catering
 - Transport
- 8. Space usage programs**
- 9. Media zones for reporters and photographers**

Working rooms
Competition areas

10. Organization training and competitions for the general class

New training and competition rules

Week's agenda
Authorization to participate
Training runs
Personnel needs
Technical procedures
Pre-inspection
Weigh-in
Start and finish inspections
Doubles
Doping tests
Award ceremonies

11. Regulations for extended competition structures

Spectators
TV production
Other infrastructure-related constructions
Press and media
VIP / Hospitality

12. Transition phase to the next competition

13. Useful links

14. Supplement 1 Information from the event organizer

15. Supplement 2 Affirmation by national federations

16. Supplement 3 National hygiene concept

17. Supplement 4 Survey on SARS-CoV-2 risk

1. Preface / Description of the current situation

Dear friends of luge,

The top priority for the International Luge Federation is to protect the health of our athletes, coaches, support staff, officials, members of the organizing committees, and volunteer helpers.

The guidelines that follow are intended to enable a re-entry into professional competition starting November 27, 2020. Described are all measures which need to be taken in the areas of training and competition as well as in related fields to assure maximum protection against infection for all participants.

These guidelines control the standards which the international Association for the Protection of Athletes prescribes for event organizers and national federations in executing their events. In addition, it forms a basis for event organizers to design their protection and hygiene concepts.

Persons who do not conform to the protection and hygiene concept of the event organizer are not authorized to participate in FIL event activities. The concept is mandatory for all athletes and persons involved in the sport. Legally binding consequences are excluded; however, sanctions can be imposed by the FIL in case of non-compliance with the protection and hygiene concept.

The procurement and payment of the protective masks is the responsibility of the individual groups of people. National federations, organizing teams / event organizers, FIL.

Use of mouth and nose protection as advertising space is not available to the national federations and it may not be branded. The application of national emblems is permitted.

2. General information

All persons participating in competition activities are instructed to display a high degree of self-initiative and self-responsibility. Persons who do not feel in good health (fever, coughing, congestion) are requested to stay away from FIL events and to consult a physician if necessary.

The following basic rules apply to the sports facility:

- ⇒ Regular hand hygiene and sanitizing
- ⇒ Mouth-nose-protection requirement (Buffs and scarves are not permitted)
- ⇒ Minimum distancing – 2 meters
- ⇒ Follow the signs

For their competitions, the international federation and the event organizer provide specially trained medical personnel (race doctor), who communicates closely with the organizers and the teams. In addition, the event organizer appoints a hygiene manager who serves as the contact partner for the international federation and for the nations participating in the competition.

The procurement and payment of the protective masks is the responsibility of the individual groups of people. National federations, organizing teams / event organizers, FIL.

Use of mouth and nose protection as advertising space is not available to the national federations and it may not be branded. The application of national emblems is permitted.

We expressly point out that when entering a new country, the respective valid entry quarantine regulations must be observed.

Event organizer's hygiene manager

The event organizer is fundamentally responsible for compliance with hygiene and infection protection requirements. This responsibility is assigned to the hygiene manager whose appointment is mandatory and must be reported to the FIL by October 31, 2020. The hygiene manager is the contact partner for all race participants and for the responsible authorities of the event organizer. His/her tasks include helping to create the local hygiene concept, coordinating it with the local authorities and implementing it. In addition to coordinating all measures, he/she communicates the special hygiene measures (e.g. by means of signs or information sheets) and monitors compliance with them in random checks. The hygiene manager is also responsible for checking all separate hygiene concepts of the companies commissioned by the event organizer, such as stage builders, etc., who will be working at the event. Together with his or her staff personnel, the manager also ensures that objects are disinfected regularly and ensures that an adequate supply of hygiene materials and mouth-nose-protection is available at the race facility.

FIL Hygiene Manager

Along with the event organizer's hygiene manager, there is also a superordinate FIL hygiene manager. He/she is the contact person for the event organizer and the national federations. He/she controls the adherence to the rules of the event organizer and the national federations and is responsible for the coordination of the different hygiene concepts. Furthermore, he/she checks the hygiene concepts of the companies commissioned by the FIL, such as TV production, Swiss Timing, etc. The hygiene manager is authorized to punish violations of the hygiene concept in coordination with the FIL Presidium, which can lead to exclusion from participation in the competition.

3. Recommendations for organizational structure of teams / Guidelines for hygiene concept

Measures for breaking chains of infection transmission

For faster tracing of potential infection transmission chains, and for the safety of the team itself, teams must be organized into smaller groups which are isolated from other groups in their daily activities. It is recommended that groups be composed of different discipline participants (men, women, and doubles) and different parts of the coaching team. Even if a positive test result were to occur within a group, the other groups from the same nation could continue to participate in the competition. This means that an entire discipline of a national team would never have to drop out of the competition. The groups should train separately and spend their time in separate areas of the team hotel. This also applies to dining rooms and workshops, where the groups are to be separated. If these areas cannot be partitioned, then mealtimes or usage times for other facilities must be scheduled for separate time slots. The same principle also applies to athletic training, where the group groupings conduct their training separately.

Athletes who exhibit the symptoms of an infection (cough, fever, headache, body ache) must be immediately isolated from the team and checked by medical personnel. The athlete may not be reintroduced into the team structure until the possibility of a SARS-CoV-2 infection is excluded. If a SARS-CoV-2 test is positive, the small group must immediately go into self-isolation and remain there until the individual test results are negative.

Conduct in training and competition operations

Before the first training sessions begin on the race track, all national teams participating in the competition are instructed about the event organizer's internationally applicable Covid-19 regulations, regional conditions imposed by the host country and hygiene regulations that apply to the competition. The instructional talks that the event organizer must conduct with the hygiene manager of a national team will be by video conference. The first will be on Friday, November 20, 2020, then one video conference will be held every Friday before the next week of competition. In addition, team leaders will receive information in written form via e-mail.

The teams will move within a closed bubble of the event organizer from the moment they receive the right to participate in the event (negative Covid -19 test, receipt of the event wristband), in which only movements between the hotel and the approved training facilities are allowed with the exception of necessary purchases such as medication, food, fuel, etc.

Team Hygiene manager

Every national team will appoint a staff member to be the team hygiene manager, and this person's contact information will be reported to the international federation. The hygiene manager performs the following tasks:

- ⇒ Coordinates current regulations with the event organizer
- ⇒ Coordinates internal requirements with the hotel operator (check layout of hotel rooms, define the meal area and schedule the meal times, monitor suitability of workshops, etc.)
- ⇒ Checks hygiene regulations, checks conditions at training areas outside of the track site (gymnasiums, weightlifting/fitness rooms)
- ⇒ Procures sufficient disinfectants (for hands and surfaces and masks (mouth-nose-protection)) for team use
- ⇒ Instructs/monitors team groups for compliance with hygiene regulations
- ⇒ Performs and records daily fever measurements in the team
- ⇒ Removes and isolates athletes from training operations with conspicuous symptoms or persons with elevated body temperature ≥ 37.5 degrees
- ⇒ Exchanges constantly with the hygiene managers of the FIL and the organizer

Conduct outside of training and competition (outside of team travel time / at home)

The following code of conduct is recommended to athletes and support staff for their activities outside of competition times:

- ⇒ Avoid assembly with groups of people in public
- ⇒ When going for a walk or doing sport activities, maintain a distance of 1.5 meters to third parties.
- ⇒ Do not use any public transportation
- ⇒ Avoid direct contact with potentially infected persons

- ⇒ Clean and disinfect frequently touched surfaces such as tables, door handles, and stair handrails
- ⇒ Follow hygienic practices when preparing foods
- ⇒ Optimize and intensify one's own hygienic measures, e.g., thorough and regular hand washing
- ⇒ Due to the heightened risk of infection, avoid touching one's face as much as possible, especially the eyes, mouth, and nose (mouth and nose protection)
- ⇒ Document your contact persons level 1 (<1.5 m; >15 minutes) in the past 7 days (keep a relevant list)
- ⇒ Document your daily activities and training
- ⇒ Use the Corona Warning App

National hygiene concept

To participate in FIL international races, all national federations must submit a national hygiene concept (Supplement 3). The national concept must, first and foremost, describe how the teams conduct themselves outside of international competition activities. In addition, national regulations can be highlighted in the concept, especially those which are not provided for in the FIL hygiene concept. For the protection of all athletes and coaches, the international federation recommends including regular COVID-19 testing in the national concepts.

Travel to training and competition venues

Athletes and support staff who participate in FIL international competitions are classified as either professional athletes or event organizers, and they perform their occupations as such. Therefore, travel regulations for employed professionals apply to this group. The current entry quarantine regulations apply.

General information

Travel increases the chances of becoming infected with COVID-19 and spreading it further. The teams are required to organize measures to protect all groups of people. Limit your travel to the minimum necessary. Airports, bus stops, train stations, and rest areas are all places where travelers may be exposed to the virus in the air and on surfaces. These are also places where it is often difficult to maintain the necessary distances.

All teams are required to check the respective country-specific COVID-19 entry regulations and take appropriate measures before travelling.

Long-distance trips / flights

If travel restrictions at the outer borders of the EU and to North America in both directions are loosened, then all national federations are asked to organize their trips to the venues where events are being conducted according to currently prescribed travel conditions. This includes strict adherence to all hygiene rules in force for airplane trips. In addition, it is recommended that the national teams sit apart from other air travelers. At the airport, the greatest distance possible should be kept from other travelers.

Travel by car

Local national rules of the host countries apply to travel by vehicle to FIL races. They limit the number of persons per vehicle and specify certain precautionary hygiene measures. Travel should take place in the same small groups which then are also used during the competition. These procedures support the hygiene concept of the federations. Should further loosening of restrictions occur in this area, it is still recommended that the number of persons be limited to two persons per seat row for large vehicles and passenger cars. Only tested athletes or support staff may travel in vehicles which are used by nations to travel to the race venue. Other persons are prohibited from traveling in the same vehicle. Stays at rest stops and gas stations should be minimized. It is also important to ensure that distances to other travelers are maintained.

Housing of teams

Constraints for hotel infrastructure

The national hygiene rules of the venue at which the event is held apply to team housing. In choosing their accommodations, teams should make sure that they are large enough to ensure ease of compliance with distancing rules.

It is also recommended that athletes be housed in single rooms. Unless prohibited by applicable hygiene rules, double rooms may also be used. It should be ensured that the rooms are large enough to permit distancing. In addition, the beds should be located in separate areas with sufficient distancing. In making reservations, it should be ensured that the rooms are distributed around different areas of the hotel (to isolate internal groups from one another). It should also be ensured that the teams interact in small groups or groups made up of members from different disciplines – as described in item 2.

In the dining rooms, it should be ensured that the eating areas for the teams are spaced sufficiently apart from the other hotel guests. The small groups should be placed at separate tables as previously planned. It is recommended that teams minimize their contact with other hotel guests and with hotel staff. Restaurant rules apply to hotel service. If they are not properly observed by the hotel operator, the hygiene manager must intervene.

The teams are required not to invite or receive external visitors (outside the tested World Cup environment) to their hotels.

Larger teams which need a workshop for preparing their sport equipment should ensure that these spaces have adequate ventilation. Basement rooms are rather unsuitable for this. In addition, it is recommended that workshops be distributed among multiple rooms.

Mandatory rules

The international federation organizes accommodations for sport teams of less than 10 persons which meet the requirements of the hygiene concept. The registration of the National Federations must be submitted in written form with the number of persons and travel schedules to the FIL Sport Director Maria Luise Rainer by October 1, 2020. The FIL will then recommend appropriate hotels which are then binding and must be booked by the national federations. All sport teams of more than 10 persons must register their booked accommodations with FIL by October 1, 2020 as well.

Accommodations for individual groupings are made as follows:

- ⇒ Group 1: Athletes, coaches, support staff
- ⇒ Group 2: FIL officials, ST sport, etc.

Housing distribution:

- ⇒ Group 1: Housing 1 to...
- ⇒ Group 2: Housing 1 to...according to the team accommodations

Athletic training

All teams must conduct their athletic training according to hygiene requirements that apply to indoor sports. It should be ensured that the training areas are equipped with the materials needed for proper hygienic conditions – such as sufficient supplies of hand and surface disinfectants as well as suitable hygiene instructions. In addition, the sizes of training groups should be limited to a maximum of 8 persons.

Physical therapy

Physical therapy measures must be limited to the extent necessary. Pertinent hygiene conditions and mouth/nose protection, hand and surface disinfection apply here.

Separate spaces must be organized for physical therapy, and they must not be used simultaneously as sleeping rooms.

Sports medicine

It is recommended that all teams be assisted by continuous medical support by a physician. Smaller teams which do not have their own physician can make use of the medical assistance provided by the organizer.

4. Determining who is authorized to compete (health checks)

National health check

Only athletes and coaches who have a medical certificate with a negative COVID-19 result are admitted to the first competition. The national federations are responsible for the organization and payment of costs of the national health check. The report must be submitted in German or English and must not be older than 72 hours (recommendation 48 hours). The same procedure also applies to the competition staff of the international federation and the OC teams of the event organizer. The costs for testing their own national teams are carried by the national federations.

All other persons present at the venue (TV teams, media representatives etc.) are also obliged to present a negative COVID-19 result not older than 3 days to the organizer.

International health check by the event organizer

The international health check is to be organized by the event organizer. On the Monday of the current competition week, the same group of persons at each competition site shall undergo an infection test (approved rapid test or PCR test) by the event organizer, as prescribed by the international federation. In addition, at the first World Cup of the current season and at the first World Cup after the Christmas break, the medical result of the test (national health check) from the previous week must be presented to the event organizer. This also applies if during the current competition season there are interruptions in the competition phases lasting longer than 6 days.

For the period of time between the event organizer's Covid-19 test and the announcement of the results, we ask all competitors to behave responsibly and to isolate themselves as much as possible or to distance themselves from larger groups of people.

Result management

The organizer is obliged to reserve the necessary test capacities (approved rapid tests and PCR tests) for SARS-CoV-2. The test results must be available within 24 hours after taking the sample.

The results of the tests are sent from the laboratory to the chief race physician in writing or via an app or to another doctor assigned to the event organizer.

If approved rapid tests are used, the results are managed on site by the chief race physician. He is obliged to act immediately in the case of a positive test result.

Positive PCR test:

People who test positive and their corresponding contact persons are immediately quarantined and may only participate in further events after a new health examination (approval by the local health authority). In this case, the organizer must immediately coordinate all necessary measures with their health authority.

Positive rapid test:

If a rapid test is positive, the individual is isolated and immediately given a PCR test. Likewise, the members of the small group to which the person who tested positive is assigned are subjected to a PCR test. The organizer must provide these tests accordingly. Until the result of the PCR test, this group of people is quarantined. This also applies to contact persons associated with this person. If the PCR test is also positive, the rules of the result management of the PCR test apply. If the PCR test is negative, the person will be admitted to the competition again.

Individuals after an infection

Upon presentation of a medical certificate, persons who have been proven to be infected with the SARS-CoV-2 virus will not be subjected to a PCR test after 4 weeks.

To ensure that the organizer can communicate the affected group of persons who are at risk for a potential infection (tracking of infection transmission chain) to health authorities, all contact data of all athletes and support staff participating in the competition and of all those working at the sport venue as well as of the small groups created must be submitted to race leadership. These data can also be taken from the FIL online registration for FIL events.

Test quality

The tests used comply with the internationally prescribed standards for identifying SARS-CoV-2 infections. The country-specific standards of the infection test must be agreed upon with the FIL. Pool tests are not permitted.

5. Planning for personnel needs

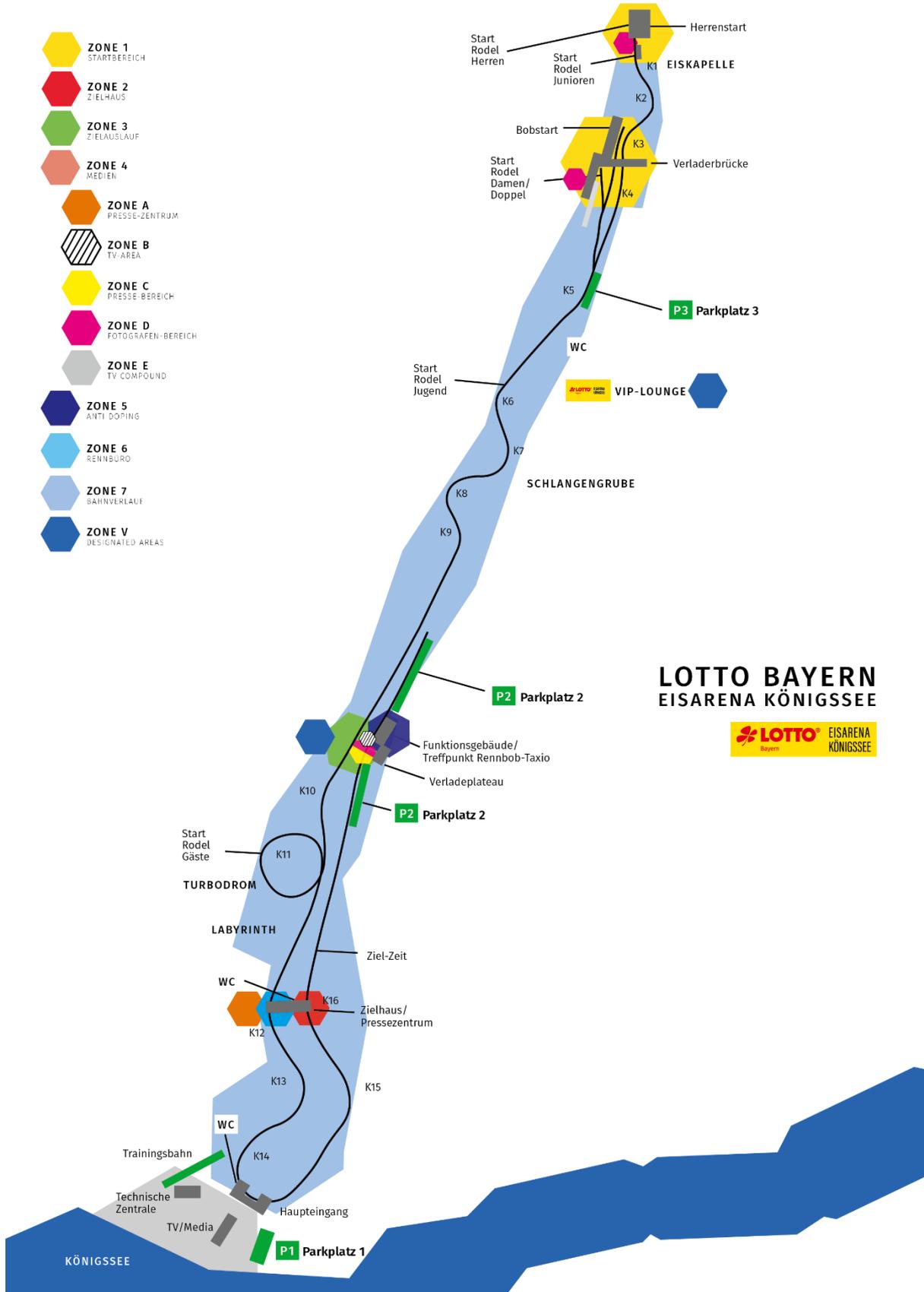
Zone Distribution Luge World Cup																																																				
Zones	1,2,3,4,A,B,C,D,E,6,7,V		1,3,7		1,2,3,4,A,B,C,D,6,7,V		1,3,5,7,B		7,B		7		1,2,3,4,A,B,C,D,E,6,7,V		1,2,3,4,A,B,C,D,E,6,7,V		1,2,3,4,A,B,C,D,E,5,6,7,V		4B,E,7		4A,C,D,7		1,3,7		1,3,6,7,V		7,V		7																							
	OC 1	OC 2	FIL	Athletes	Coaches support staff	Track crew	Security	Medical staff	Hygiene	Cleaning	TV	Press	Constructed structures	Staff	Other	Spectators	Total number of persons at the competition																																			
Total number of persons:																																																				
1 Start Area																																																				
2 Finish House																																																				
3 Finish Outrun																																																				
4 Media																																																				
A Press Center																																																				
B TV Area																																																				
C Press Area																																																				
D Photographers																																																				
E TV Compound																																																				
5 Doping Control																																																				
6 Race Office																																																				
7 Track Area																																																				
V Desgn. Areas																																																				
Must be filled out by the OC																																																				
FIL Sport Director																																																				
FIL Communication Manager																																																				
FIL TV Coordinator																																																				

OC 1 = Central organization team
 OC 2 = Judges and helpers

If spectators are planned, this must be coordinated with the FIL and the responsible authorities and is subject to an independent hygiene concept which must also be approved by the FIL.



Example of zone distribution (Königssee)



Fundamentals of personnel requirements planning

The track site is subdivided into eight zones for better clarity:

- Zone 1: Start Area
- Zone 2: Finish House
- Zone 3: Finish Outrun
- Zone 4: Media
- Zone A: Press Center
- Zone B: TV Area
- Zone C: Press Area
- Zone D: Photographers
- Zone E: TV Compound
- Zone 5: Doping Control
- Zone 6: Race Office
- Zone 7: Track Area
- Zone V: Designated Areas

The number of persons distributed over the entire track site at any given time must be limited to a maximum. These maximum values are found in a table for requirements planning which must be coordinated with the FIL. To conform to the prescribed upper limits, all groups must be reduced to a minimum. Maximum person restrictions for the individual zones of the track also apply. They are specified according to current figures from the filled-out personnel requirements planning table presented to the FIL by the event organizer. It is not possible to offset numbers of persons in the different zones. Personnel requirements planning considers the total head count in the given zone over the entire day of training or competition. It offers an overview to the organizer and to health authorities regarding where people are moving in the sports facility and how many of them. The organizer is responsible for conforming to the numbers in the plan.

Between training and race times, the FIL schedules sufficient idle times for changing the groups of people working at different times in the track area.

The planning concept gives the event organizers a framework to determine how many persons are located on the site and where the sensitive areas are in which special precautions need to be taken.

6. Rules for admittance to the sports venue

Admittance to the sports venue is only possible with accreditation. Only the FIL annual accreditation and the event organizer's additional accreditation in connection with an event wristband are valid. Persons not tested for Covid-19 by the organizer must present an infection test not older than 3 days in connection with their accreditation on their first entry to the event site. Only then, will they receive the event wristband for their accreditation.

National teams

All national teams must arrive with accredited team vehicles. Accreditations for the vehicles are given out during the weekly international health check of each event organizer. Accreditations of team vehicles and of all persons are checked at the entry/exit of the sport site.

Exceptions

Persons and vehicles which need to enter/drive onto the track site to make a delivery or provide a service may only do so after filling out a survey (Supplement 4) and may only stay for a brief time and in compliance with the described hygiene rules.

7. Infrastructure, organization, catering

Team captains' meetings

As a rule, all results lists and information from the event organizer is provided to all teams in a contactless way by e-mail. The first team captains' meeting is cancelled. Instead, the event organizer's information is communicated online. The second team captains' meeting will be conducted under the following conditions:

- ⇒ The team captains' meetings will take place in sufficiently large event halls.
- ⇒ Only one person per national federation will be admitted.
- ⇒ The event organizer must ensure a seat spacing of 2 meters in all directions for every session participant.
- ⇒ Hygiene rules (mouth/nose protection and hand sanitizing) apply.

Meetings of the Organizing Committee

Organizational meetings of the organizing committee must, as a rule, be performed in small groups or by video conference. If this is not possible, the conditions for team captains' meetings apply.

Use of meeting rooms and offices

The OC and the international competition organizers may use the event organizer's office spaces for event organization. It should be ensured that an area of at least 10 square meters is provided for each person in an office. If the room spaces are not large enough, the number of persons must be adjusted accordingly. It must be ensured that rooms are ventilated regularly and sufficiently and that currently applicable requirements for protection against infection are adhered to at the workplace.

If existing office capacities are insufficient, the organizer must provide adequate temporary structures.

Catering

All members of the OC, as well as media representatives, are provided exclusively with sealed goods (lunch packages, muesli bars, etc.). Hot meals are only served in the hospitality area or specially designated areas under applicable rules for food service operations.

Transport

- ⇒ The transportation of sleds up to the start area between runs will be performed exclusively by the event organizer's official transportation service

- ⇒ Self-organized transports are not permitted
- ⇒ The driver and the athletes must wear mouth/nose protection or a helmet with a closed visor
- ⇒ A maximum of 5 persons, including the driver, are permitted in the transporter
- ⇒ The event organizer will provide sufficient transport capacity to avoid too large an accumulation of athletes in the finish area
- ⇒ Adjustments of the rules due to special characteristics of the transport vehicles can be made in coordination with the FIL's hygiene manager

8. Space utilization programs

General information

In general, all rooms must be cleaned and disinfected regularly. Regular ventilation of the rooms must also be organized. If ventilation systems exist, they should be adjusted to their efficiency for a high air exchange.

Start houses / changing areas

- ⇒ Use of the changing areas should be limited to a minimum (change shoes, prepare helmet and visor)
- ⇒ Only active athletes are allowed to enter the changing rooms. Substitute athletes or coaches are not allowed to enter.
- ⇒ In the start houses, a minimum distance of two meters must be maintained between athletes. The event organizer will mark the changing areas appropriately
- ⇒ Access is restricted to a specific number of athletes and support staff. The maximum number of persons is limited by the size of the building. The following size key applies here: Usable area / 4 sqm. = max. permissible head count
- ⇒ Mouth and nose protection must be worn in the changing area
- ⇒ The changing areas must be disinfected and aired out on a regular basis when switching user groups
- ⇒ Sufficient amounts of disinfectant must be provided at the building entrance
- ⇒ The use of restrooms is limited to a maximum of two persons
- ⇒ If possible, access to the building should be organized with two entrances/exits to minimize contact encounters

Outrun buildings

- ⇒ In the outrun buildings, a minimum distance of two meters must be maintained between athletes. Changing areas must be marked appropriately.
- ⇒ Access is restricted to a specific number of athletes and support staff. The maximum number of persons is limited by the size of the building. The following size key applies here: Usable area / 4 sqm. = max. permissible head count.
- ⇒ Room partitions must be set up if necessary, to generate maximum protection against infection.
- ⇒ Mouth and nose protection must be worn in the changing areas.
- ⇒ The changing areas must be disinfected and aired out on a regular basis when switching user groups.

- ⇒ Sufficient amounts of disinfectant must be provided at the building entrance.
- ⇒ The use of restrooms is limited to a maximum of two persons.
- ⇒ Security personnel must be available to enforce compliance with requirements.

Finish house

- ⇒ A minimum distance of two meters must be assured between persons working in the finish buildings. If this is not possible – e.g., for timers where the instrumentation is usually installed in tight spaces – suitable measures must be taken such as setting up partition walls
- ⇒ Access is restricted to a certain maximum number of persons
- ⇒ Sufficient amounts of disinfectant must be provided at the building entrance
- ⇒ In all interior rooms, the minimum distance applies, and mouth/nose protection must be worn
- ⇒ The use of restrooms limited to a maximum of two persons
- ⇒ Security personnel must be provided to enforce compliance with requirements

These ground rules for space usage in sport facilities only apply to rooms in which people work or spend time. Therefore, not all areas need to be surveyed in detail in this conceptualization.

9. Media zones / press / photographers, TV

Upon entering the sport facility, all media representatives must present proof of a negative infection test (not older than 3 days). Their work areas are organized as follows:

Offices / working spaces

- ⇒ A minimum distance of two meters must be assured between persons working in the finish buildings. If this is not doable, the event organizer is obligated to remedy the situation by creating temporary structures – such as container solutions
- ⇒ Access is restricted to a certain maximum number of persons. The maximum number of persons depends on the size of the building. The following size key applies here: Usable area / 4 sqm. = max. permissible head count
- ⇒ If distances cannot be guaranteed, room partitions must be set up

Sufficient amounts of disinfectant must be provided at the building entrance

- ⇒ Mouth/nose protection must be worn
- ⇒ The use of restrooms is limited to a maximum of two persons

Competition areas

For media workers and photographers, designated zones must be created which offer sufficient space for their work while conforming to generally applicable distancing rules. If the designated zones are inadequate for this, the organizer must establish a sequential order in coordination with journalists and photographers so that they can perform their media work safely. The process is coordinated by the responsible media chief for the event.

Areas located close to the athletes for TV production will be discussed with producers and TV broadcasters, and they will be demarcated according to a jointly agreed requirement.

Because media representatives depend on direct contact with the athletes and coaches, the following additional measures must be taken to protect athletes.

- ⇒ Live interviews in the finish area are, in principle, possible. Appropriate distancing needs to be maintained to the athletes, and this is marked by the structures of the mixed zone (to be specified by FIL and the organizer).
- ⇒ The event organizer will organize press conferences during the competition week and after the competition by video conference.

10. Organization training and competitions for the general class

New training and competition rules

Training of the approx. 120 athletes will be subdivided into four training groups, so that no more than approx. 30 athletes are training together in one training unit. There is enough time between individual training group sessions to switch the individual groups in such a way that overlaps of user groups are avoided. Changing rooms will only be used for short stays or will only be used for preparations immediately before the start. To enable implementation of this, the athletes arrive at the sport facility already wearing their race apparel.

Week's agenda

MON.: Arrival at event site with negative COVID-19 test result (national health check)

New COVID-19 test by the organizer or by FIL (international health check)

TUES.: If athlete is certified with negative test result → Training

If test result is positive → additional health checks, home quarantine

WED.: Training

THURS.: Training

FRI.: Training, competitions

SAT.: Competitions

SUN.: Competitions

FIL competitions general class

Changes to the planned FIL events schedule according to the status of June 5, 2020, are possible under reserve. It is possible to adapt the disciplines to the requirements and the situation.

Eligibility to participate per NF at FIL events

The quotas of the eligibility to participate in the World Cup have been reduced in order to protect against a number of participants that can no longer be safely organized (see FIL Bulletin 73).

Registration for the 2020 / 2021 FIL World Cup series (online registration) must be completed numerically by October 31, 2020.

If the number of participants at a World Cup event is less than 120 sleds, it is up to the FIL Sport Director and the Technical Director to fill in the missing quota places by means of an individual decision.

Eligibility to participate 50th FIL WCh: according to the 2020 IRO

Training runs at FIL events

1 st WC:	Track newcomers:	4 training runs
	Rest:	3 training runs
2 nd -9 th WC:	for athletes who did not qualify for the previous WC:	5 training runs
	Track newcomers:	4 training runs
	Rest:	3 training runs

The number of training runs offered can be increased or reduced by the FIL Sport and the Technical Director if the situation allows.

50 th FIL WCh:	Track newcomers:	4 training runs
	Rest:	3 training runs

Only athletes who are registered for the competition within the eligibility for participation/NF and also compete in the competition are permitted to participate in the World Cup training.

Amount of Staff Technical Procedure

The assigned officials and their areas of responsibility are determined jointly by the event organizer and the FIL. The groups of people should be kept as small as possible.

Jury WC:	according to the 2020 IRO
Jury 50 th FILWCh:	according to the 2020 IRO

Officials training:	Race Director	1
	Sport Director	1
	TD	1
	Outrun	1

Officials competition: as in training
plus 1 TD, start and finish leaders two people each

Awards ceremony

Only flower ceremony places 1-3; flowers and medals are awarded immediately following the competition.

FIL Competitions Junior Youth A Classes

Staging of the Junior / Youth A World Cups at a continental level (Europe, North America / Asia)

- ⇒ In Europe: maximum 4 destinations
- ⇒ In North America: maximum 4 destinations
- ⇒ 36th JWCh in Winterberg according to the IRO

Eligibility to participate per NF at FIL events Europe and Asia/North America

Quotas for the eligibility to participate per NF according to FIL Bulletin 73

- ⇒ quotas JWC/YAWC – Europe, according to FIL Bulletin 73
- ⇒ quotas JWC/YAWC – North America, according to the 2020 IRO

⇒ calculation 2022 OWG qualification, according to new regulation

If the number of participants in a World Cup event is less than 120 sleds, it is up to the Technical Delegate responsible to fill in the missing quota places by means of an individual decision.

For the 2020/2021 season, European NFs are only allowed to the race series in Europe and Asian, Oceanic, and North American NFs only allowed to the race series in North America.

Only athletes who are registered for the competition within the eligibility for participation/NF and also compete in the competition are permitted to participate in the World Cup training.

Eligibility to participate per NF at the 36th JWCh in Winterberg / GER
according to the 2020 IRO

Training runs at FIL events for the Junior and Youth Classes

JWC:

2 paid training runs and 4 official training runs will be offered to all participants.

The number of training runs offered can be increased or reduced by the Permanent Technical Delegate Junior / Youth A if the situation allows.

36th JWCh: 2 paid training runs and 4 official training runs

Amount of Staff Technical Procedure

The assigned officials and their areas of responsibility are determined jointly by the event organizer and the FIL.

Jury: JWC Jury Chair + 2 appointed team captains

36th JWCh: according to the 2020 IRO

Officials for training: (see general class)

Officials for competition: (see general class)

Awards ceremonies

Awards ceremony: places 1-3 at the end of the competition day

General Technical Procedures

General information

In all inspection areas, as well as generally at the start and finish areas, the wearing of a mouth and nose cover is obligatory for all persons involved in the competition.

Technical pre-inspection

- ⇒ Many of the checks can be performed outdoors under good weather conditions (area at start or finish defined by barrier fencing)
- ⇒ A room must also be provided with a floor area of approx. 10 m²
- ⇒ Minimum distancing of 2 meters
- ⇒ Provision of disinfectant
- ⇒ The technical pre-inspection is performed exclusively by the 1st TD (Technical Director)

- ⇒ A maximum of 2 coaches/support staff must be appointed by each national federation to present all race equipment of the NF (sleds, gloves, etc.) for inspection
- ⇒ The inspection order is according to the schedule prepared

Weigh-in

- ⇒ A well-ventilated room with a floor area of approx. 15 m² is needed for the weigh-in
- ⇒ The weigh-in is carried out by the 1st TD (Technical Director)
- ⇒ Minimum distancing of 2 meters
- ⇒ Disinfectant must be provided
- ⇒ The weigh-in is conducted in small groups according to a precise schedule. A maximum of 4 athletes per NF.
- ⇒ The small groups are created individually by the respective coach

Inspections at the start

- ⇒ Clarification of spatial conditions at all start heights.
- ⇒ A maximum of 2 coaches/support staff per NF are permitted in the entire start area.
- ⇒ An inspection area (IRO 2020) is set up in this start area.
Persons in the inspection area at the start (weight, temperature, and inspection false start):

1 athlete/doubles pair
 Start leader
 Technical Delegate
 TV camera person

Procedure:

The sled is transferred by the athlete/doubles pair before the inspection zone.
 The TD inspects the temperature, gap dimension, and race equipment.
 The start leader checks weight and the starting sequence

Inspections at the finish

- ⇒ Clarification of spatial conditions in the finish area.
- ⇒ A maximum of 2 coaches/support staff per NF are permitted in the entire finish area.
- ⇒ An inspection area is set up in the finish area.

Persons in the inspection area:

1 athlete/doubles pair
 Finish leader
 TD
 Sport Director
 TV camera person

Procedure:

After arriving at the finish, the athlete must leave the outrun without any help and

activate the random generator.

If green: Athlete can immediately leave the finish area

If RED/blue: Athlete goes directly to the inspection zone → for a temperature check (TD) → dimensions (TD) → weigh-in (finish leader)

In the 2nd run, the leader is always in the leader box

Program changes:

Changes to the FIL events schedule are possible at any time due to impending cancellations of competitions.

It is possible to adapt the sequence of disciplines during competitions as well as the planned extent of training to current requirements.

Doubles

- ⇒ Only one athlete (front or back athlete) goes to the start with the sled and takes his/her position. Until then, the athletes must maintain minimum distancing. Then the second athlete takes his/her position. The start must be executed rapidly after the countdown (35 seconds or 45 seconds).
- ⇒ Direct contacts must be limited to the start and descent down the track.
- ⇒ The contact time when the athletes are closer than the minimum distancing without visors closed is approx. 15 to 20 seconds.
- ⇒ At the finish, the visors are kept closed until both athletes have left the sled. Only one of the athletes carries the sled to the finish area.

Doping tests

- ⇒ Doping tests must be performed according to international standards specified by WADA.
- ⇒ Hygienic conditions must be maintained according to requirements of the testing organization (e.g., ITA, NADA, WADA). The event organizer provides for the necessary basic conditions.

<https://www.wada-ama.org/en/covid-19-updates>

Awards ceremonies

Only the flower ceremony is performed while simultaneously awarding medals. The person awarding the prizes must wear mouth/nose protection. Only places 1-3 receive awards.

The team competition is excluded. Here only 1st place is presented at the award ceremony (distance rule). In addition, only the leading team is in the leader box.

11. Extended competition structure

Spectators

Fundamentally, it is planned to hold the races without spectators. However, if spectators are permitted for the event, the athletes and support staff must be protected according to the following rules:

- ⇒ The event organizer agrees to implement the generally applicable conditions for large events

- ⇒ The event organizer agrees to mark or block all areas of the sport facility so that it is impossible for spectators to have any direct contact with the athletes (minimum distancing)
- ⇒ The maximum number of spectators is to be coordinated with the FIL

TV production

The TV production company agrees to submit a hygiene concept to the organizer and the contracting authority. The goal is to protect every individual worker and to isolate TV production from the sports area as completely as possible. It is only possible to achieve maximum protection of athletes by consistent hygiene, instilling a sense of responsibility in all employees and minimizing time overlaps and spatial proximity. Individual hygiene measures are the most important activities for protecting against infections, and the production staff must comply with them. All employees working on-site must declare their consent to adhere to hygiene regulations and the necessary health checks. In addition, all TV production employees must show the results of an infection test conducted no more than 3 days prior.

Camera people whose movements are close to the sport area get a special briefing.

The organizer and the international federation are entitled to make individual corrections and modifications to the hygiene concept of the producers.

Other infrastructure-related constructions

All companies which set up infrastructure-related constructions such as stands, barriers, video screens, etc., agree to adhere to the event organizer's hygiene requirements – such as wearing mouth/nose protection in relevant spaces, maintaining distancing or sanitizing hands and surfaces. Each company will receive an information sheet about this in which the measures are described. Direct contact with the event organizer is prohibited; talks must be held via telephone. If the time spent on the site extends beyond 8 hours, the employees must also show proof of a valid infection test (not older than 3 days).

VIP / Hospitality

The VIP and hospitality exclusively serve to provide meals to the persons participating in the competitions if they do not have the opportunity to leave the event venue during the day. Access to these areas is only possible with an additional accreditation issued by the event organizer.

The generally applicable regulations for food service operations apply to this area – such as instructions on available sanitizing options, hand washing, minimum spacing between tables, disinfecting measures for surfaces and objects, and personal hygiene protection for employees.

12. Transition phase to the next competition venue

As a rule, travel home between individual competitions is not permitted. This is only possible in exceptional cases that have been specially approved by FIL.

Continuing travel to the next event venue is conducted according to the travel regulations of the concept. Here the focus should be placed on planning for maintaining the small groups.

All teams coordinate their schedules with the World Cup coordinator in advance for the next infection tests on Monday at the next event venue (avoidance of too large gathering of people).

Training for the next competition can only be resumed after a negative test has been confirmed by the new event organizer.

After the Christmas break, all national federations must present to the organizer national test results from the prior week.

This is also required if active athletes enter the World Cup or resume it at a later date.

The test procedure for all subsequent events is as already described in the concept.

13. Useful Links

World Health Organization

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

World Health Organization:

<https://www.who.int/publications/i/item/considerations-for-sports-federations-sports-eventorganizers-when-planning-mass-gatherings-in-the-context-of-covid-19-interim-guidance>

International Olympic Committee:

<https://www.olympic.org/athlete365/ioc-medical-covid-19-hub/>

Supplement 1 Information from the event organizer

14. Supplement 2 Confirmation by national federations

15. Supplement 3 National hygiene concept

16. Supplement 4 Survey on SARS-CoV-2 risk

The supplements 1, 2, 3 are to be completed by the respective institutions and sent to the FIL Sport Director Maria Luise Rainer rainer@fil-luge.org by October 31, 2020.

Thomas Schwab

Marie Luise Rainer

Christian Eigentler

(Members of the FIL Covid-19 Commission)

Dr. Christian Schneider

(Lead Team Physician for the Bobsleigh and Luge Federation for Germany)

(Chairman of IBSF Medical Committee)

In cooperation with:

Prof. Dr. Ulrike Protzer

Director, Institute of Virology

Technische Universität München / Helmholtz Zentrum München – German Center for Environmental Health

Supplement 1 Information from the event organizer

Information on the event organizer's protection and hygiene concept

In reference to the hygiene concept specified by the international federation, organizers will need to provide the following supplemental data related to the concept:

1. Event organizer

Location of event:

Event time period:

Responsible head of organization:

Contact data (address, e-mail; phone numbers):

2. Hygiene manager / health test by the event organizer for national teams

Event organizer's hygiene manager:

Planned informational event online/e-mail on (date):

Planned on-site health check performed by:

Time period:

Planned test or test kit:

Responsible health authority:

3. Organization of team meetings and race office:

Place:

Room sizes in square meters:

Maximum number of persons in meeting rooms and offices:

Special hygiene conditions / rules:

Temporary extensions:

4. Information on the space utilization programs

Start buildings

Size of changing areas in square meters:

Maximum number of permitted occupants:

Regulation of walking paths to avoid excessive encounters in narrow areas (stairs, general bottlenecks on the event site, one-way rules):

Outrun building

Size of changing areas in square meters:

Maximum number of people permitted:

Regulation of walking paths to avoid excessive encounters in narrow areas (stairs, general bottlenecks on the event site, one-way rules):

5. Organization of media and press

Allotment of interior work areas and their locations

Press:

Photographers:

TV:

Temporary extensions:

Location data and subdivision of outdoor work areas

Designated zones for press:

Designated zones for photographers:

Designated zones for TV people:

Personnel restrictions:

Hygiene conditions / rules:

6. Organization of infrastructure-related measures

Information on organizer's designated training areas for athletic training by teams with hygiene standards (place, organization of registration):

Place:

Usage times:

Special measures for counting numbers of people on the event site:

Planned spectator numbers (if permitted):

Special hygiene rules for spectators:

Special catering zones and organization of catering (hygiene standards):

Catering concept

Planned caterer

7. Declaration of consent

We hereby accept the measures described in the FIL hygiene concept and confirm the correctness of our statements.

Signature of event organizer

Supplement 2 Affirmation by the national federations

Affirmation of FIL protection and hygiene concept

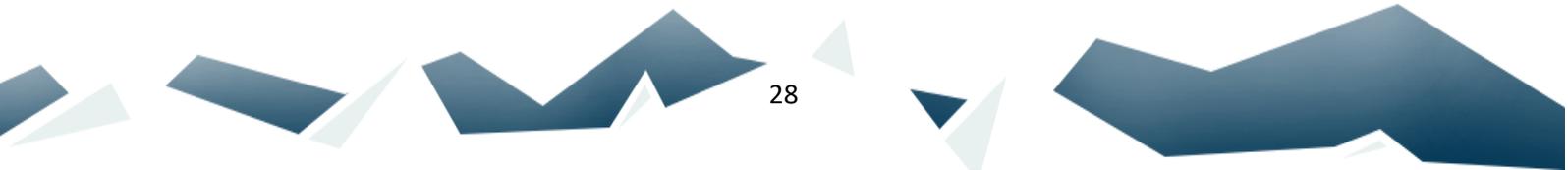
We hereby affirm that our national federation has explained the contents of the FIL protection and hygiene concept to athletes and support staff participating in all competitions.

Declaration of consent

We hereby assure that we will implement the standards defined in the FIL hygiene concept for avoiding SARS-CoV-2 infections in accordance with the measures specified in the concept.

National federation: _____

Signature



Supplement 3 National hygiene concept

National hygiene concept

Description of team conduct outside of FIL competition activities and national rules on conduct to combat SARS-CoV-2 infections.

National federation:

1. Generally applicable rules
2. Travel
3. Rules for hotel accommodations
4. Rules for track training
5. Rules for athletic training
6. Rules and code of conduct for athletes and support staff outside of national training operations
7. Number of nationally conducted COVID-19 tests
8. Name and contact data of hygiene manager:

Signature

Survey on SARS-CoV-2 risk for FIL events

1. Personal data

Family name:
First name:
Date of birth:
Address:
Telephone (mobile):
E-mail:

2. Contact risk evaluation

Please answer the questions for evaluating your contact risk with SARS-CoV-2	Yes	No
Have you had contact with anyone confirmed as SARS-CoV-2 positive within the past 14 days?		
In the past, did authorities order a quarantine in conjunction with SARS-CoV-2? If so, please indicate the date when the order expired:		
Were you outside of your registered hometown within the past 14 days? If yes, please explain when and where:		

3. Evaluation of symptoms

Please answer the questions about your current clinical symptoms! (Please answer for the time period of the past 14 days)	Yes	No
Fever		
General feeling of illness, headache and aches in the limbs		
Coughing		
Dyspnea (shortness of breath)		
Altered sense of taste or smell		
Sore throat		
Rhinitis (sniffing)		
Diarrhea		

If you have answered "YES" to any of the questions please report to the race doctor.
Dr.....Mobile:.....

4. The following basic rules apply to the sport facility:

- ⇒ Maintain distancing
- ⇒ Mandatory mouth and nose protection
- ⇒ Regular, thorough hand washing or sanitizing
- ⇒ Follow instructions on signs

Please also follow the generally applicable hygiene rules. We are always available to answer any questions you might have, and we wish you a good start into the upcoming event week.