

FIL

**Protection and Hygiene Concept for
World Cup events**

Natural Track

2020 / 2021 season



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1. Preface / Description of the current situation

Dear friends of luge,

The top priority for the International Luge Federation is to protect the health of our athletes, coaches, support staff, officials, members of the organizing committees, and volunteer helpers.

The guidelines that follow are intended to enable a re-entry into professional competition starting November 27, 2020. Described are all measures which need to be taken in the areas of training and competition as well as in related fields to assure maximum protection against infection for all participants.

These guidelines control the standards which the international Association for the Protection of Athletes prescribes for event organizers and national federations in executing their events. In addition, it forms a basis for event organizers to design their protection and hygiene concepts.

Persons who do not conform to the protection and hygiene concept of the event organizer are not authorized to participate in FIL event activities. The concept is mandatory for all athletes and persons involved in the sport. Legally binding consequences are excluded; however, sanctions can be imposed by the FIL in case of non-compliance with the protection and hygiene concept.

The procurement and payment of the protective masks is the responsibility of the individual groups of people. National federations, organizing teams / event organizers, FIL.

Use of mouth and nose protection as advertising space is not available to the national federations and it may not be branded. The application of national emblems is permitted.

2. General information

Basic rules at the sport venues

All persons participating in competition activities are instructed to display a high degree of self-initiative and self-responsibility. Persons who do not feel in good health (fever, coughing, congestion) are requested to stay away from FIL events and to consult a physician if necessary.

The following basic rules apply to the sports facility:

- ⇒ Regular hand hygiene and sanitizing
- ⇒ Mask requirement (mouth and nose protection)
- ⇒ Minimum distancing – 2 meters
- ⇒ Follow the signs



For their competitions, the international federation and the event organizer provide specially trained medical personnel (race doctor), who communicates closely with the organizers and the teams. In addition, the event organizer appoints a hygiene manager who serves as the contact partner for the international federation and for the nations participating in the competition.

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Use of mouth and nose protection as advertising space is not available to the national federations and it may not be branded. The application of national emblems is permitted.

Event organizer's hygiene manager

The event organizer is fundamentally responsible for compliance with hygiene and infection protection requirements. This responsibility is assigned to the hygiene manager whose appointment is mandatory and must be reported to the FIL by October 31, 2020. The hygiene manager is the contact partner for all race participants and for the responsible authorities of the event organizer. His/her tasks include helping to create the local hygiene concept, coordinating it with the local authorities and implementing it. In addition to coordinating all measures, he/she communicates the special hygiene measures (e.g. by means of signs or information sheets) and monitors compliance with them in random checks. The hygiene manager is also responsible for checking all separate hygiene concepts of the companies commissioned by the event organizer, such as stage builders, etc., who will be working at the event. Together with his or her staff personnel, the manager also ensures that objects are disinfected regularly and ensures that an adequate supply of hygiene materials and mouth-nose-protection is available at the race facility.

FIL Hygiene Manager

Along with the event organizer's hygiene manager, there is also a superordinate FIL hygiene manager. He/she is the contact person for the event organizer and the national federations. He/she controls the adherence to the rules of the event organizer and the national federations and is responsible for the coordination of the different hygiene concepts. Furthermore, he/she checks the hygiene concepts of the companies commissioned by the FIL, such as TV production, Swiss Timing, etc. The hygiene manager is authorized to punish violations of the hygiene concept in coordination with the FIL Presidium, which can lead to exclusion from participation in the competition.

3. Recommendations for organizational structure of teams / Guidelines for hygiene concept

Measures for breaking chains of infection transmission

For faster tracing of potential infection transmission chains, and for the safety of the team itself, teams must be organized into smaller groups which are isolated from other groups in their daily activities. It is recommended that groups be composed of different discipline participants (men, women, and doubles) and different parts of the coaching team. Even if a positive test result were to occur within a group, the other groups from the same nation could continue to participate in the competition. This



means that an entire discipline of a national team would never have to drop out of the competition. The groups should train separately and spend their time in separate areas of the team hotel. The same principle also applies to athletic training, where the group groupings conduct their training separately. Athletes who exhibit the symptoms of an infection (cough, fever, headache, body ache) must be immediately isolated from the team and checked by medical personnel. The athlete may not be reintroduced into the team structure until the possibility of a SARS-CoV-2 infection is excluded. If a SARS-CoV-2 test is positive, the small group must immediately go into self-isolation and remain there until the individual test results are negative.

Conduct in training and competition operations

Before the first training sessions begin on the competition track, all national teams participating in the competition are instructed about the event organizer's internationally applicable Covid-19 regulations, regional conditions imposed by the host country and hygiene regulations that apply to the competition. The instructional talks that the event organizer must conduct with the hygiene manager of a national team will be by video conference. The first will be on Friday, December 4, 2020, then one video conference will be held every Friday before the next week of competition. In addition, team leaders will receive information in written form via e-mail.

The teams will move within a closed bubble of the event organizer from the moment they receive the right to participate in the event (negative Covid -19 test, receipt of the event wristband), in which only movements between the hotel and the approved training facilities are allowed with the exception of necessary purchases such as medication, food, fuel, etc.

Team Hygiene manager

Every national team will appoint a staff member to be the team hygiene manager, and this person's contact information will be reported to the international federation. The hygiene manager performs the following tasks:

- ⇒ Coordinates current regulations with the event organizer
- ⇒ Coordinates internal requirements with the hotel operator (check layout of hotel rooms, define the meal area and schedule the meal times, monitor suitability of workshops, etc.)
- ⇒ Checks hygiene regulations, checks conditions at training areas outside of the track site (gymnasiums, weightlifting/fitness rooms)
- ⇒ Procures sufficient disinfectants (for hands and surfaces and masks (mouth-nose-protection)) for team use
- ⇒ Instructs/monitors team groups for compliance with hygiene regulations
- ⇒ Reports any instances of non-compliance with the rules to the event organizer
- ⇒ Performs and records daily fever measurements in the team
- ⇒ Removes and isolates athletes from training operations with conspicuous symptoms or persons with elevated body temperature ≥ 37.5 degrees
- ⇒ Exchanges constantly with the hygiene managers of the FIL and the organizer



Conduct outside of training and competition (outside of team travel time / at home)

The following code of conduct is recommended to athletes and support staff for their activities outside of competition times:

- ⇒ Avoid assembly with groups of people in public
- ⇒ When going for a walk or doing sport activities, maintain a distance of 1.5 meters to third parties.
- ⇒ Keep visits to your home to a minimum
- ⇒ Do not use any public transportation
- ⇒ Avoid direct contact with potentially infected persons
- ⇒ Clean and disinfect frequently touched surfaces such as tables, door handles, and stair handrails
- ⇒ Follow hygienic practices when preparing foods
- ⇒ Optimize and intensify one's own hygienic measures, e.g., thorough and regular hand washing and disinfecting
- ⇒ Due to the heightened risk of infection, avoid touching one's face as much as possible, especially the eyes, mouth, and nose (mouth and nose protection)
- ⇒ Document your contact persons in the past 7 days (keep a relevant list)
- ⇒ Document your daily activities and training
- ⇒ Use the Corona App

National hygiene concept

To participate in FIL international races, all national federations must submit a national hygiene concept (Supplement 3). The national concept must, first and foremost, describe how the teams conduct themselves outside of international competition activities. In addition, national regulations can be highlighted in the concept, especially those which are not provided for in the FIL hygiene concept. For the protection of all athletes and coaches, the international federation recommends including regular COVID-19 testing in the national concepts.

Travel to training and competition venues

Athletes and support staff who participate in FIL international competitions are classified as either professional athletes or event organizers, and they perform their occupations as such. Therefore, travel regulations for employed professionals apply to this group. The current entry quarantine regulations apply.

General information

Travel increases the chances of becoming infected with COVID-19 and spreading it further. The teams are required to organize measures to protect all groups of people. Limit your travel to the minimum necessary. Airports, bus stops, train stations, and rest areas are all places where travelers may be exposed to the virus in the air and on surfaces. These are also places where it is often difficult to maintain the necessary distances.

Long-distance trips / flights



If travel restrictions at the outer borders of the EU and to North America in both directions are loosened, then all national federations are asked to organize their trips to the venues where events are being conducted according to currently prescribed travel conditions. This includes strict adherence to all hygiene rules in force for airplane trips. In addition, it is recommended that the national teams sit apart from other air travelers. At the airport, the greatest distance possible should be kept from other travelers.

Travel by car

Local national rules of the host countries apply to travel by vehicle to FIL races. They limit the number of persons per vehicle and specify certain precautionary hygiene measures. Travel should take place in the same small groups which then are also used during the competition. These procedures support the hygiene concept of the federations. Should further loosening of restrictions occur in this area, it is still recommended that the number of persons be limited to two persons per seat row for large vehicles and passenger cars. Only tested athletes or support staff may travel in vehicles which are used by nations to travel to the race venue. Other persons are prohibited from traveling in the same vehicle. Stays at rest stops and gas stations should be minimized. It is also important to ensure that distances to other travelers are maintained.

Housing of teams

Constraints for hotel infrastructure

The national hygiene rules of the venue at which the event is held apply to team housing. In choosing their accommodations, teams should make sure that they are large enough to ensure ease of compliance with distancing rules.

It is also recommended that athletes be housed in single rooms. Unless prohibited by applicable hygiene rules, double rooms may also be used. It should be ensured that the rooms are large enough to permit distancing. In addition, the beds should be located in separate areas with sufficient distancing. In making reservations, it should be ensured that the rooms are distributed around different areas of the hotel (to isolate internal groups from one another). It should also be ensured that the teams interact in small groups or groups made up of members from different disciplines – as described in item 2.

In the dining rooms, it should be ensured that the eating areas for the teams are spaced sufficiently apart from the other hotel guests. The small groups should be placed at separate tables as previously planned. It is recommended that teams minimize their contact with other hotel guests and with hotel staff. Restaurant rules apply to hotel service. If they are not properly observed by the hotel operator, the hygiene manager must intervene.

The teams are required not to invite or receive external visitors (outside the tested World Cup environment) to their hotels.

Larger teams which need a workshop for preparing their sport equipment should ensure that these spaces have adequate ventilation. Basement rooms are rather unsuitable for this. In addition, it is recommended that workshops be distributed among multiple rooms.



Mandatory rules

The international federation organizes accommodations for sport teams of less than 10 persons which meet the requirements of the hygiene concept. The registration of the National Federations must be submitted in written form with the number of persons and travel schedules to the FIL Natural Track Director Andreas Castiglioni by November 15, 2020. The FIL will then recommend appropriate hotels which are then binding and must be booked by the national federations. All sport teams of more than 10 persons must register their booked accommodations with FIL by November 30, 2020 as well.

Accommodations for individual groupings are made as follows:

- ⇒ Group 1: Athletes, coaches, support staff
- ⇒ Group 2: FIL officials, time keeping, and TV,

Housing distribution:

- ⇒ Group 1: Housing 1 to...
- ⇒ Group 2: Housing 1 to...according to the team accommodations

Athletic training

All teams must conduct their athletic training according to hygiene requirements that apply to indoor sports. It should be ensured that the training areas are equipped with the materials needed for proper hygienic conditions – such as sufficient supplies of hand and surface disinfectants as well as suitable hygiene instructions. In addition, the sizes of training groups should be limited to a maximum of 8 persons.

Physical therapy

Physical therapy measures must be limited to the extent necessary. Pertinent hygiene conditions and mouth/nose protection, hand and surface disinfection apply here.

Separate spaces must be organized for physical therapy, and they must not be used simultaneously as sleeping rooms.

Sports medicine

It is recommended that all teams be assisted by continuous medical support by a physician. Smaller teams which do not have their own physician can make use of the medical assistance provided by the organizer.

4. Determining who is authorized to compete (health checks)

National health check

Only athletes and coaches who have a medical certificate with a negative COVID-19 result are admitted to the first competition. The national federations are responsible for the organization and payment of costs of the national health check. The report must be submitted in German or English and must not be older than 72 hours (recommendation 48 hours). The same procedure also applies to the



competition staff of the international federation and the OC teams of the event organizer. The costs for testing their own national teams are carried by the national federations.

All other persons present at the venue (TV teams, media representatives etc.) are also obliged to present a negative COVID-19 result not older than 3 days to the organizer.

International health check by the event organizer

The International Health Check is to be organized by the individual event organizers. The same group of people at each competition site undergoes an infection test by the organizer one day before the start of training for the next competition, which is prescribed by the international federation. In addition, a negative COVID-19 result not older than 3 days must be presented to the organizer of the first World Cup in the block. For the following World Cups in the block the test, from the previous week is valid.

Persons who only participate in the second race of a block must present a negative result for this race which is not older than 72 hours.

Result management

The organizer is obliged to reserve the necessary test capacities (approved rapid tests and PCR tests) for SARS-CoV-2. The test results must be available within 24 hours after taking the sample.

The results of the tests are sent from the laboratory to the FIL's chief medical doctor in writing or via an app to the race doctor and another doctor assigned to the event organizer.

If approved rapid tests are used, the results are managed on site by the chief race physician. He is obliged to act immediately in the case of a positive test result.

Positive PCR test:

People who test positive and their corresponding contact persons are immediately quarantined and may only participate in further events after a new health examination (approval by the local health authority). In this case, the organizer must immediately coordinate all necessary measures with their health authority.

Positive rapid test:

If a rapid test is positive, the individual is isolated and immediately retested. If the second test is positive, a PCR test is performed. Until the result of the PCR test, the person is quarantined. This also applies to contact persons associated with this person. If the PCR test is also positive, the rules of the result management of the PCR test apply.

If positive tested persons are reintegrated after their quarantine period, they require a medical certificate. This certificate must be presented to the FIL Hygiene Officer.

To ensure that the organizer can communicate the affected group of persons who are at risk for a potential infection (tracking of infection transmission chain) to health authorities, all contact data of all athletes and support staff participating in the competition and of all those working at the sport venue as well as of the small groups created must be submitted to race leadership. These data can also be taken from the FIL online registration for FIL events.



Test quality

The tests used comply with the internationally prescribed standards for identifying SARS-CoV-2 infections. The country-specific standards of the infection test must be agreed upon with the FIL. Pool tests are not permitted.



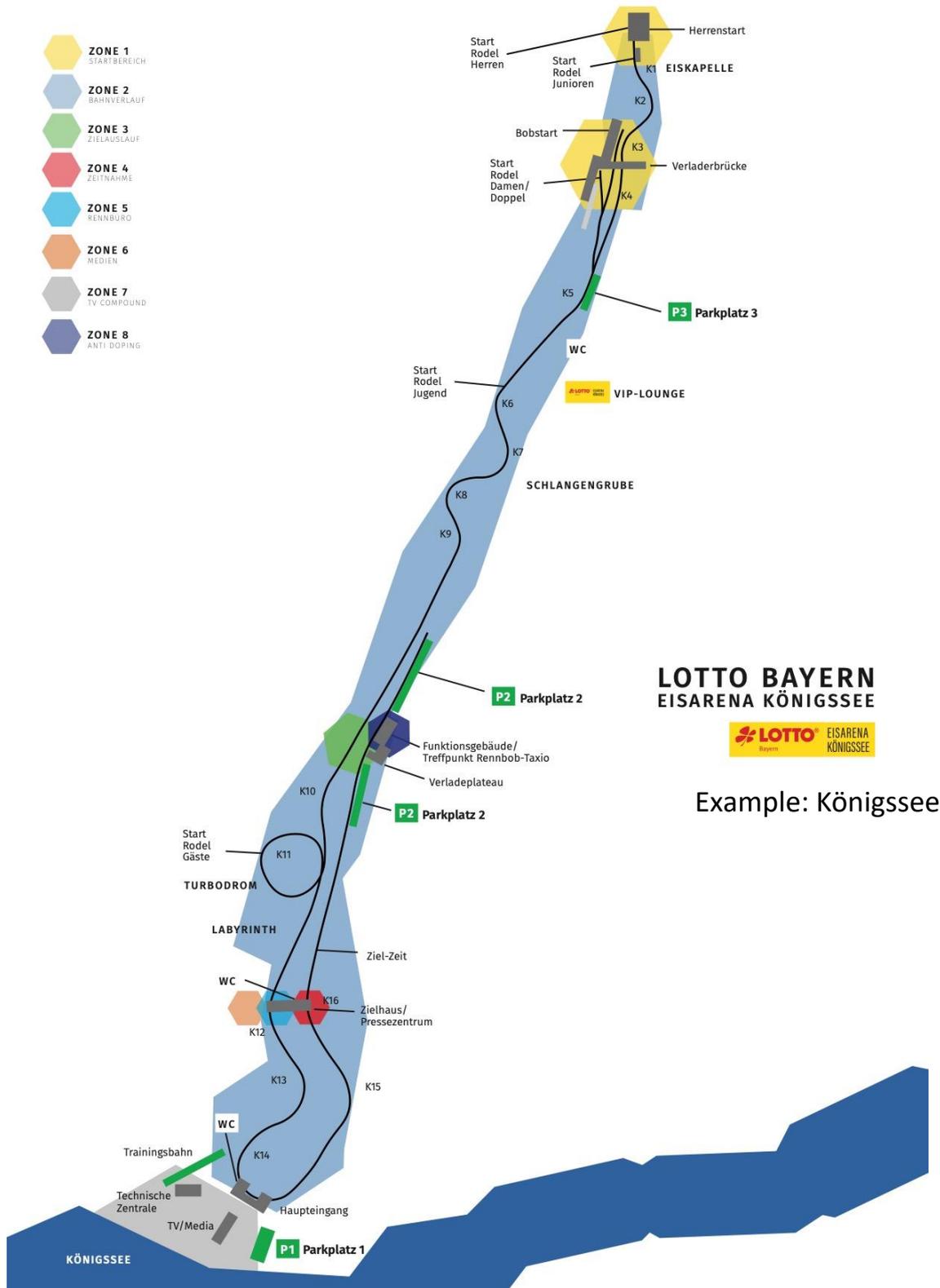
5. Planning for personnel needs

Zone Distribution																															
Zones		4,5		1, 3		1,2,3,4,5,6,7,8		1,2,3,8		1,2,3		2		1,2,3		1,2,3,4,5,6,7,8		1,2,3,4,5,6,7,8		1,2,3,4,5,6,7,8		6,2		1,2,3							
		OC		FIL	Athletes	Coaches support staff	Track crew	Security	Medical staff	Hygiene	Cleaning	Media		Construction structures		Agencies		Total number of persons for competition													
OC 1	OC 2	TV	Press																												
1	Start area																														0
2	Track course																														0
3	Finish outrun																														0
4	Timing																														0
5	Race office																														0
6	TV compound																														0
7	Media																														0
8	Anti-Doping																														0
		Must be filled out by the OC																													
		FIL Sport Director																													
		FIL Press Spokesperson																													
		FIL TV coordinator																													

OC 1 = Central organization team

OC 2 = Judges and helpers

Example for zones (example artificial track)





Fundamentals of personnel requirements planning

The track site is subdivided into eight zones for better clarity:

- Zone 1: Start area
- Zone 2: Track course
- Zone 3: Finish outrun
- Zone 4: Timekeeping
- Zone 5: Race office
- Zone 6: Media
- Zone 7: TV Compound
- Zone 8 Anti-Doping

The number of persons distributed over the entire track site at any given time must be limited to a maximum. These maximum values are found in a table for requirements planning which must be coordinated with the FIL. To conform to the prescribed upper limits, all groups must be reduced to a minimum. Maximum person restrictions for the individual zones of the track also apply. They are specified according to current figures from the filled-out personnel requirements planning table presented to the FIL by the event organizer. It is not possible to offset numbers of persons in the different zones. Personnel requirements planning considers the total head count in the given zone over the entire day of training or competition. It offers an overview to the organizer and to health authorities regarding where people are moving in the sports facility and how many of them. The organizer is responsible for conforming to the numbers in the plan.

Between training and race times, the FIL schedules sufficient idle times for changing the groups of people working at different times in the track area.

The planning concept gives the event organizers a framework to determine how many persons are located on the site and where the sensitive areas are in which special precautions need to be taken.

6. Rules for admittance to the sports venue

Admittance to the sports venue is only possible with accreditation. Only the FIL annual accreditation and the event organizer's additional accreditation in connection with an event wristband are valid. Persons not tested for Covid-19 by the organizer must present an infection test not older than 3 days in connection with their accreditation on their first entry to the event site. Only then, will they receive the event wristband for their accreditation.

National teams

All national teams must arrive with accredited team vehicles. Accreditations for the vehicles are given out in advance during the weekly international health check of each event organizer. Accreditations of team vehicles and of all persons are checked at the entry/exit of the sport site.



Exceptions

Persons and vehicles which need to enter/drive onto the track site to make a delivery or provide a service may only do so after filling out a survey (Supplement 4) and may only stay for a brief time and in compliance with the described hygiene rules.

7. Infrastructure, organization, catering

Team captains' meetings

As a rule, all results lists and information from the event organizer is provided to all teams in a contactless way by e-mail. For the first team captains' meeting, one representative per national federation is allowed; if no suitable premises are available, the sports director may hold the meeting by means of video conference.

All other team captains' meetings are conducted under the following conditions:

- ⇒ The team captains' meetings take place outdoors
- ⇒ Admitted are only one person per national federation, jury chairperson, sport director, TD, race director, and a person from the event organizer.
- ⇒ Hygiene rules (mouth/nose protection and hand sanitizing) apply.

Meetings of the Organizing Committee

Organizational meetings of the organizing committee must, as a rule, be performed in small groups or by video conference. If this is not possible, the conditions for team captains' meetings apply.

Use of meeting rooms and offices

The OC and the international competition organizers may use the event organizer's office spaces for event organization. It should be ensured that an area of at least 10 square meters is provided for each person in an office. If the room spaces are not large enough, the number of persons must be adjusted accordingly. It must be ensured that rooms are ventilated regularly and sufficiently and that currently applicable requirements for protection against infection are adhered to at the workplace.

If existing office capacities are insufficient, the organizer must provide adequate temporary structures. If this is not possible, the hygiene regulations, such as mouth-nose protection and hand disinfection, must be applied.

Catering

All members of the OC, as well as media representatives, are provided exclusively with sealed goods (lunch packages, muesli bars, etc.). Hot meals are only served in the hospitality area or specially designated areas under applicable rules for food service operations.



Transport

- ⇒ The transportation of sleds up to the start area between runs will be performed exclusively by the accredited vehicles of the NFs or by the athletes themselves
- ⇒ Adjustments of the rules due to special characteristics of the transport vehicles can be made in coordination with the FIL's hygiene manager

8. Space utilization programs

General information

In general, all rooms must be cleaned and disinfected regularly. Regular ventilation of the rooms must also be organized. If ventilation systems exist, they should be adjusted to their efficiency for a high air exchange.

Start houses/changing areas

- ⇒ A minimum distance of two meters between people working in the start houses must be ensured. If this does not succeed - as is the case with timekeepers, for example, where the technical equipment is usually tightly packed - suitable measures must be taken, such as the erection of partition walls.
- ⇒ In closed buildings, access is restricted to a specific number of athletes and support staff. The maximum number of persons is limited by the size of the building. The following size key applies here: Usable area / 4 sqm. = max. permissible head count
- ⇒ Mouth and nose protection must be worn in the restrooms
- ⇒ Sufficient amounts of disinfectant must be provided at the building entrance
- ⇒ The use of restrooms is limited to a maximum of two persons
- ⇒ If possible, access to the building should be organized with two entrances/exits to minimize contact encounters

Finish house

- ⇒ A minimum distance of two meters must be assured between persons working in the finish buildings. If this is not possible – e.g., for timers where the instrumentation is usually installed in tight spaces – suitable measures must be taken such as setting up partition walls
- ⇒ Access is restricted to a certain maximum number of persons
- ⇒ Sufficient amounts of disinfectant must be provided at the building entrance
- ⇒ In all interior rooms, the minimum distance applies, and mouth/nose protection must be worn
- ⇒ The use of restrooms limited to a maximum of two persons
- ⇒ Security personnel must be provided to enforce compliance with requirements

These ground rules for space usage in sport facilities only apply to rooms in which people work or spend time. Therefore, not all areas need to be surveyed in detail in this conceptualization.



9. Media zones / press / photographers, TV

Upon entering the sport facility, all media representatives must present proof of a negative infection test (not older than 3 days). Their work areas are organized as follows:

Offices / working spaces

- ⇒ A minimum distance of two meters must be assured between persons working in the finish buildings. If this is not doable, the event organizer is obligated to remedy the situation by creating temporary structures – such as container solutions
- ⇒ Access is restricted to a certain maximum number of persons. The maximum number of persons depends on the size of the building. The following size key applies here: Usable area / 4 sqm. = max. permissible head count
- ⇒ If distances cannot be guaranteed, room partitions must be set up
- ⇒ Sufficient amounts of disinfectant must be provided at the building entrance
- ⇒ Mouth/nose protection must be worn
- ⇒ The use of restrooms is limited to a maximum of two persons

Competition areas

For media workers and photographers, designated zones must be created which offer sufficient space for their work while conforming to generally applicable distancing rules. If the designated zones are inadequate for this, the organizer must establish a sequential order in coordination with journalists and photographers so that they can perform their media work safely. The process is coordinated by the responsible media chief for the event.

Areas located close to the athletes for TV production will be discussed with producers and TV broadcasters, and they will be demarcated according to a jointly agreed requirement.

Because media representatives depend on direct contact with the athletes and coaches, the following additional measures must be taken to protect athletes.

- ⇒ Live interviews in the finish area are, in principle, possible. Appropriate distancing needs to be maintained to the athletes, and this is marked by the structures of the mixed zone (to be specified by FIL and the organizer).
- ⇒ The event organizer will organize press conferences during the competition week and after the competition by video conference.

10. Organization training and competitions for the general class

New training and competition rules

Training of the approx. 80 athletes will be subdivided into four training groups, so that no more than approx. 30 athletes are training together in one training unit. There is enough time between individual training group sessions to switch the individual groups in such a way that overlaps of user groups are



avoided. Changing rooms will only be used for short stays or will only be used for preparations immediately before the start. To enable implementation of this, the athletes arrive at the sport facility already wearing their race apparel.

Example of a race block (Kühtai – Winterleiten):

Thurs: Travel to the event venue with a negative COVID-19 test (national health check)
New COVID-19 test by the event organizer or the FIL (international health check)
Fri: With negative test result confirmation → training
With positive test result → further health checks, home quarantine
Sat: Competitions
Sun: Competitions
Mon: Competitions pursuit
Tues: Travel to the event venue
New COVID-19 test by the event organizer or the FIL (international health check)
Wed: With negative test result confirmation → training
With positive test result → further health checks, home quarantine
Thurs: Competitions
Fri: Competitions

Example of a double World Cup:

Wed: Travel to the event venue with a negative COVID-19 test (national health check)
New COVID-19 test by the event organizer or the FIL (international health check)
Thurs: With negative test result confirmation → training
With positive test result → further health checks, home quarantine
Fri: Competitions
Sat: Competitions
Sun: Competitions

FIL competitions general class

The right is reserved to make changes to the planned FIL events schedule status June 5, 2020.
It is possible to adapt the disciplines sequence to the requirements and the situation.

Eligibility to participate in FIL events per NF

Eligibility to participate World Cup: according to the 2020 IRO

Eligibility to participate 23rd FIL WCh: according to the 2020 IRO

Only athletes who are registered for the competition within the eligibility for participation/NF and also compete in the competition are permitted to participate in the World Cup training.

Amount of Staff Technical Procedure

The assigned officials and their areas of responsibility are determined jointly by the event organizer and the FIL. The groups of people should be kept as small as possible.



Jury WC: according to the 2020 IRO
Jury 23rd FIL WCh: according to the 2020 IRO

Officials training:	Race Director	1
	Sport Director	1
	TD	1
	Start leader	1
	Finish leader	1
	Judge	1
	Total	6

Officials competition: as in training

The judge at the start checks all of the safety requirements, the remaining measurements are carried out by means of a random generator.

Awards ceremony

Only flower ceremony places 1-3; flowers and medals are awarded immediately following the competition.

FIL competitions junior class

Eligibility to participate Junior World Cup: according to the 2020 IRO (without guest classes)

Eligibility to participate 36th FIL JECh: according to the 2020 IRO

Only athletes who are registered for the competition within the eligibility for participation/NF and also compete in the competition are permitted to participate in the World Cup training.

Amount of Staff Technical Procedure

The assigned officials and their areas of responsibility are determined jointly by the event organizer and the FIL.

Jury: WC: according to the 2020 IRO
36th FIL JWCh: according to the 2020 IRO

Officials training:	Race Director	1
	Sport Director	1?
	TD	1
	Start leader	1
	Finish leader	1
	Judge	1
	Total	5-6



Officials for competition: as in training

The judge at the start checks all of the safety requirements, the remaining measurements are carried out by means of a random generator.

Awards ceremonies:

Awards ceremony places 1-3 at the end of the competition day.

General Technical Procedures

Technical pre-inspections

- ⇒ Most of the inspections can be carried out outside in good weather conditions (fenced area in the start and finish areas).
- ⇒ Minimum distancing 2 meters.
- ⇒ Provision of disinfectant

Inspections at the start

- ⇒ Clarification of spatial conditions.
- ⇒ For the entire start area, only 1 coach/assistant per NF is allowed.

Persons in the start room (inspections):

- 1 x athlete/pair start handles
- 1 x athlete/pair safety and temperature inspection
- Start leader
- Judge
- Time keeper

Procedure:

- The sled is transferred by the athlete/doubles pair before the inspection zone.
- The judge checks the safety equipment according to the IRO
- By means of a random generation the judge checks the other measurements at the start according to the IRO

Inspections at the finish

- ⇒ Clarification of spatial conditions in the finish area.
- ⇒ A maximum of 2 coaches/support staff per NF are permitted in the entire finish area.
- ⇒ An inspection area is set up in the finish area.

Persons allowed in the inspection zone:

- 1 x athlete/pair or 1 assistant
- Finish leader
- TD
- Sport Director
- TV camera person
- Jury



Procedure:

- After arriving at the finish, the athlete must leave the outrun without any help and activate the random generator.
- If green: Athlete can immediately leave the finish area
- If RED/blue: Athlete goes directly to the inspection zone for measurement (TD)
- FINAL RUN: only those in the lead are on the LEADER-BOARD

Program changes:

Changes to the FIL events schedule are possible at any time due to impending cancellations of competitions.

It is possible to adapt the sequence of disciplines during competitions as well as the planned extent of training to current requirements.

Doubles

- ⇒ Only one athlete (front or back athlete) goes to the start with the sled and takes his/her position. Until then, the athletes must maintain minimum distancing. Then the second athlete takes his/her position. The start must be executed rapidly
- ⇒ Direct contacts must be limited to the start and descent down the track.
- ⇒ The contact time without face mask and below the minimum distance must be kept to a minimum (start, run and finish)
- ⇒ In the finish area, the mouth-nose protection must be worn again or a minimum distance must be maintained.
- ⇒ Only one athlete carries the sled into the finish area.

Doping tests

- ⇒ Doping tests must be performed according to international standards specified by WADA.
- ⇒ Hygienic conditions must be maintained according to requirements of the testing organization (e.g., ITA, NADA, WADA). The event organizer provides for the necessary basic conditions.

<https://www.wada-ama.org/en/covid-19-updates>

Awards ceremonies

Only the flower ceremony with the awarding of the medals at the same time will be held. The person awarding the prizes must wear mouth/nose protection.



11. Extended competition structure

Spectators

No spectators are permitted to the races.

TV production

The TV production company agrees to submit a hygiene concept to the organizer and the contracting authority. The goal is to protect every individual worker and to isolate TV production from the sports area as completely as possible. It is only possible to achieve maximum protection of athletes by consistent hygiene, instilling a sense of responsibility in all employees and minimizing time overlaps and spatial proximity. Individual hygiene measures are the most important activities for protecting against infections, and the production staff must comply with them. All employees working on-site must declare their consent to adhere to hygiene regulations and the necessary health checks. In addition, all TV production employees must show the results of an infection test conducted no more than 3 days prior.

Camera people whose movements are close to the sport area get a special briefing.

The organizer and the international federation are entitled to make individual corrections and modifications to the hygiene concept of the producers.

Other infrastructure-related constructions

All companies which set up infrastructure-related constructions such as stands, barriers, video screens, etc., agree to adhere to the event organizer's hygiene requirements – such as wearing mouth/nose protection in relevant spaces, maintaining distancing or sanitizing hands and surfaces. Each company will receive an information sheet about this in which the measures are described. Direct contact with the event organizer is prohibited; talks must be held via telephone. If the time spent on the site extends beyond 8 hours, the employees must also show proof of a valid infection test (not older than 3 days).

VIP / Hospitality

The VIP and hospitality exclusively serve to provide meals to the persons participating in the competitions if they do not have the opportunity to leave the event venue during the day.

The generally applicable regulations for food service operations apply to this area – such as instructions on available sanitizing options, hand washing, minimum spacing between tables, disinfecting measures for surfaces and objects, and personal hygiene protection for employees.

12. Transition phase to the next competition venue

As a rule, travel home between individual competitions is not permitted. This is only possible between the race blocks and in exceptional cases that have been specially approved by FIL. Continuing travel to the next event venue is conducted according to the travel regulations of the concept.

All teams coordinate their schedules with the World Cup coordinator in advance for the next infection tests at the next event venue.



Training for the next competition can only be resumed after a negative test has been confirmed by the new event organizer.

All National Federations must present a negative COVID-19 test, not older than 3 days, to the event organizer at each race block.

This is also required if active athletes enter the World Cup or resume it at a later date.

The test procedure for all subsequent events is as already described in the concept.

13. Changes and helpful links

Depending on the situation, changes to the regulations of this document may occur, which will be ordered by the Director of Sport in conjunction with the FIL hygiene manager.

World Health Organization

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

World Health Organization:

<https://www.who.int/publications/i/item/considerations-for-sports-federations-sportseventorganizers-when-planning-mass-gatherings-in-the-context-of-covid-19-interim-guidance>

International Olympic Committee:

<https://www.olympic.org/athlete365/ioc-medical-covid-19-hub/>

14. Supplement 1 Information from the event organizer

15. Supplement 2 Confirmation by national federations

16. Supplement 3 National hygiene concept

17. Supplement 4 Survey on SARS-CoV-2 risk

Supplements 1, 2, 3 are to be completed by the respective institutions by November 20, 2020, and sent to FIL Sport Director Andreas Castiglioni castiglioni@fil-luge.org.

This document is based on the competition concept of artificial track, which was created by Thomas Schwab, Marie Luise Rainer, and Christian Eigentler.

Adjustments for Natural Track:

Peter Knauseder

Andreas Castiglioni

Thomas Niemetz

Simon Peregger



Supplement 1 Information from the event organizer

Information on the event organizer's protection and hygiene concept

In reference to the hygiene concept specified by the international federation, organizers will need to provide the following supplemental data related to the concept:

1. Event organizer

Location of event:

Event time period:

Responsible head of organization:

Contact data (address, e-mail; phone numbers):

2. Hygiene manager / health test by the event organizer for national teams

Event organizer's hygiene manager:

Planned informational event online/e-mail on (date):

Planned on-site health check performed by:

Time period:

Planned test or test kit:

Responsible health authority:

3. Organization of team meetings and race office:

Place:

Room sizes in square meters:

Maximum number of persons in meeting rooms and offices:

Special hygiene conditions / rules:

Temporary extensions:

4. Information on the space utilization programs

Start buildings

Size of changing areas in square meters:

Maximum number of permitted occupants:



Regulation of walking paths to avoid excessive encounters in narrow areas (stairs, general bottlenecks on the event site, one-way rules):

5. Organization of media and press

Allotment of interior work areas and their locations

Press:

Photographers:

TV:

Temporary extensions:

Location data and subdivision of outdoor work areas

Designated zones for press:

Designated zones for photographers:

Designated zones for TV people:

Personnel restrictions:

Hygiene conditions / rules:

6. Declaration of consent

We hereby accept the measures described in the FIL hygiene concept and confirm the correctness of our statements.

Signature of event organizer



Supplement 2 Affirmation by the national federations

Affirmation of FIL protection and hygiene concept

We hereby affirm that our national federation has explained the contents of the FIL protection and hygiene concept to athletes and support staff participating in all competitions.

Declaration of consent

We hereby assure that we will implement the standards defined in the FIL hygiene concept for avoiding SARS-CoV-2 infections in accordance with the measures specified in the concept.

National federation: _____

Signature



Supplement 3 National hygiene concept

National hygiene concept

Description of team conduct outside of FIL competition activities and national rules on conduct to combat SARS-CoV-2 infections.

National federation:

1. Generally applicable rules
2. Travel
3. Rules for hotel accommodations
4. Rules for track training
5. Rules for athletic training
6. Rules and code of conduct for athletes and support staff outside of national training operations
7. Name and contact data of hygiene manager:

Signature



Supplement 4 Survey

Survey on SARS-CoV-2 risk for FIL events

1. Personal data

Family name:
First name:
Date of birth:
Address:
Telephone (mobile):
E-mail:

2. Contact risk evaluation

Please answer the questions for evaluating your contact risk with SARS-CoV-2	Yes	No
Have you had contact with anyone confirmed as SARS-CoV-2 positive within the past 14 days?		
In the past, did authorities order a quarantine in conjunction with SARS-CoV-2? If so, please indicate the date when the order expired:		
Were you outside of your registered hometown within the past 14 days? If yes, please explain when and where:		



3. Evaluation of symptoms

Please answer the questions about your current clinical symptoms! (Please answer for the time period of the past 14 days)	Yes	No
Fever		
General feeling of illness, headache and aches in the limbs		
Coughing		
Dyspnea (shortness of breath)		
Altered sense of taste or smell		
Sore throat		
Rhinitis (sniffing)		
Diarrhea		

If you have answered “YES” to any of the questions please report to the race doctor.
Dr.....Mobile:.....

4. The following basic rules apply to the sport facility:

- ⇒ Maintain distancing
- ⇒ Mandatory mouth and nose protection
- ⇒ Regular, thorough hand washing or sanitizing
- ⇒ Follow instructions on signs

Please also follow the generally applicable hygiene rules. We are always available to answer any questions you might have, and we wish you a good start into the upcoming event week.